# ST KATHERINE'S SCHOOL PE & SPORT NEWSLETTER

1718 - Term 6 Newsletter



# IN THIS ISSUE ...

## **WORLD CUP ATHLETICS + WIMBLEDON**

Lucky group experience unforgettable weekend of live sport in the nation's capital

### **8 GIRLS ROUNDERS**

**Girls represent North Somerset at School Games Finals as district Champions!** 

### YOUNG LEADERS Year 10 excel as a group of leaders and host 2 summer primary athletics events

## **GIRLS AND BOYS FIXTURES**

Students in basketball, cricket, rounders and athletics action throughout the term

## **AVON SCHOOLS ATHLETICS CHAMPIONSHIPS**

Ashya, Finley and Jazper represent North Somerset at Avon Schools annual meet



### 1718 - Term 6 Newsletter



## **7 & 8 BOYS BASKETBALL V GORDANO**

#### Boys finish 3 points down at buzzer despite having lead with seconds to play

On Wednesday 6 June the U13 boys basketball team travelled down to PCSA in Weston to face new opposition. The U13 boys have had lots of matches this year but many of them have been against Gordano School. Priory fielded a team of mixed age and gender but a good number of the players were older than our boys which gave them a fantastic opportunity to test themselves on the basketball court. In typical St Katherine's style a good number of the boys went out determined to find their best during the match and the final outcome was really pleasing!



Shadrach BUNKETE, Daud ISMAIL, Benjamin LUMOSO, Trysten NMAI, Jonathan PUATI-KAMBU, Toby RICE, Ariel RUGMAN, Joseph WILLIAMS, Najiib YUSUF

From the outset it was clear that the boys were going to find the going tough physically but that there would be an opportunity for them to make up the difference with their understanding of the game and their skill level. The SK boys had more game experience but the Priory team had the edge in terms of strength, speed and height. It was a really interesting battle and SK quickly learned that they would have to be really accurate if they wanted to finish on top. In the first quarter of the game SK were wholly dominant with their quality at the basket. They quickly went out to 10 points leaving their opponents down at the first break. Toby, Ben and Najib added the points while Ben seemed to make it his mission to balance out the physical differences between the two sides.

The boys' confidence grew after their positive start to the game and they began to handle the ball a little too much. The PCSA team were reaching in for the ball which meant that the SK boys could easily beat the first man but after getting by they continued to dribble instead of letting the pass go which just gifted their opposition the turnover after being smothered out. It took the boys a long time to learn from their mistakes and throughout the entire second period they added no points to their tally. Priory enjoyed their own period of dominance and managed to overturn the points difference and build a lead of their own.

SK went on a run of their own in the third period which saw key players Toby and Ben link up in search of the lead once more. Ben Lumoso was on fire during the third and scored 11 points solo with some superb ball handling, accurate jump shots and also the confidence to drive to the hoop in heavy traffic and draw the contact. Ben didn't just draw the fouls; he made them pay too and was 75% from the stripe sinking 3 of his 4 free shots. Other boys like Toby, Joe and Daud grew into the game and began to work out the secret to overcoming the superior athleticism of the Priory team. Priory gained confidence as the game wore on and so the result was clearly to be decided in the last period.

SK continued to play smart basketball – one basket in particular stood out as the boys showed great patience on the perimeter by setting up and executing their motion offence. Ben drove to the basket but was forced low under the hoop before spotting that Jon had made an excellent cut to the basket. Ben found him with the pass and Jon made the shot for a neat 2 point move. In fact Ben's passing was sublime in the final period as he really gave the Priory team a defensive workout. With less than 60 seconds to play SK had a point lead and possession of the ball. Earlier in the game SK had turned over and worked to re-establish possession 4 times in the space of about 30 seconds and this had cost them. The same happened again in the dying seconds of the game as Priory got hold of the ball and made a 2 point effort with around 15 seconds on the clock. Unfortunately some of the SK boys had resigned themselves to defeat at this point and weren't even watching as Toby was desperate to inbound the ball. Toby launched the ball back into play into Ben's hands and set off up the court like a rocket. Ben recognised the need to play with urgency and passed the ball on again to a team mate. By this point Toby was clear through to the basket and would have had a match winning shot had he been found with the pass. Unfortunately PCSA smothered the ball and managed to get away a buzzer beating shot of their own to finish with 32 points to SK's 29. A valiant effort from a talented group of young players – MVP Ben Lumoso. Great to see so many stepping up in a tough contest!

Well done gentlemen.

Mr Cook

### 1718 - Term 6 Newsletter



## **10 BOYS CRICKET TOURNAMENT**

### Boys hit over 250 runs and take 13 wickets in short format competition

On Thursday 7 June the Year 10 boys travelled to what would be their last ever North Somerset Cricket Tournament. The boys were determined to make the most of this final opportunity for tournament cricket and were drawn in a group with Churchill, Gordano, Backwell and Clevedon. As things panned out, the afternoon was thoroughly enjoyable and one which the boys organised superbly. The leaders in the team really stepped up on the afternoon and supported their team mates which meant that they had the perfect balance to their day of cricket. It was a real pleasure to be with this group for the day and enjoy all of the talent and enjoyment that was on display!



Will CONROY, Henil DESAI, Louie DUN, Ethan EGGLESTON, George HARDWELL, Kaie LAWRENCE, Alfie RENDELL, Eli SMITH, Joshua SONGER, Logan WEST, Alexander WILSON

Churchill won the toss for the first game and elected to bat first – never a bad decision to get runs on the board in limited overs cricket. Alex picked up a wicket in his first over which made the start to the game really interesting but the boys were acutely aware that Churchill's danger man was still at the crease. Will Conroy was absolutely delighted when Alex held onto the catch that dismissed him in the second over of the game for just 6 runs. Will went on to be the pick of the bowlers taking the only two wickets and being the most economical. However a few too many extras (17) meant that Churchill finished on a very competitive 71 from their 8.

Kaie and Ethan opened the batting but found it difficult to get going as quickly as they would have liked. They were never miles behind the rate but always just short which was always going to make things tricky at the back end of the innings. After Ethan was dismissed Alex came to the crease and added 20 more runs from just 11 deliveries – a feat that he would repeat on multiple occasions during the afternoon. Some of Alex's hitting was brutal but this was only just the start. Unfortunately the boys were 7 runs short at the end and also lost 4 wickets in the final over.

In their second match the boys faced Gordano and knew they were in for a tough game. Gordano won the toss and put us in to bat which we didn't mind, having batted reasonably well in the first game. Recognising the importance of getting early runs the boys decided to move some of their more destructive game changing hitters up the order to see if they came off. In 8 over matches you stand very little chance of coming back in so may as well try and get your runs as quickly

## 1718 - Term 6 Newsletter

as you can and give others the chance to come in and do the same. Alex and Eli opened up and both retired in quick fashion; Eli with 22 from 16 deliveries and 14 boundary runs, Alex with 20 from 9 deliveries and 16 boundary runs. Boys added 20 runs to their tally from the 7th over but could only manage 8 in the last despite Ethan coming in to smash 18 from just 6 balls 3 of which were boundaries. The boys were confident with their total of 79.

Things weren't looking good for Gordano when they lost their big hitting opener for 10 from just 9 – Alex Wilson picking him up bowled. Gordano mounted a steady resurgence that bought them back into the game but again extras (15) proved costly. A Gordano left handed bat came in for the final over needing 12 for victory and after he smashed two fours off of his legs the boys were struggling to see how they could stop their opponents from chasing down the total. A dramatic run out from Alex Wilson after the Gordano boys pushed for a 2 that wasn't there changed the course of the game and put SK back in the driving seat. Needing just 2 runs from 2 balls Gordano played sensibly to tie the game first off of the penultimate delivery. Alex was frustrated that they had managed to run through a leg bye and so headed back for his mark breathing fire. Little surprise then that a wicket came from his last to ensure the boys got the tie they richly deserved and he wound up pick of the bowlers too – a great game of close entertaining cricket.



The boys faced Backwell in their third match, a game which they won by 3 runs. The boys stuck with their tactics of putting their power hitters in up the order and they delivered in style! Alex retired with 21 in just 5 balls including 2 fours and 2 sixes! In a phenomenal hitting display Alex bowed out with a strike rate of 420 and put his team well and truly in the driving seat. Ethan and Eli both added runs and the boys found themselves on 51 after just 5 overs! Unfortunately the final 2 overs were disappointing and they could only add 7 more to their total – they found that frustrating and were determined to set about defending a total they were not satisfied with given their foundations.

Pick of the bowlers in this game was Alfie Rendell who bowled out with figures of 12-2 off of his 3. It was a great piece of captaincy from Will to bowl Alfie out when he was going so well. Alex, Louie and Will complimented Alfie well to ensure that the boys had their first victory of the afternoon! As much as the boys were pleased to have a win they still conceded too many extras (14) and were determined to put that right in their final match.

All good batting sides will eventually fail to come off but it was fairly unique in their last game that so many of the boys came and went cheaply. The only boy who hung around to collect any runs was Eli who made 14 from as many balls. Louie and Kaie added some to the total towards the back end of the innings but they knew that their 50 was going to be tricky to defend. The boys varied their bowling superbly and the constant change in attack causes the Clevedon boys some serious problems as they struggled to make their way to the target. Had it not been for their keeper coming in and retiring in just 11 deliveries they would have been short. Pleasingly the boys conceded far fewer extras (4) in this game - Henil, Logan, Alfie and Will conceding none at all!



All up the boys had 1 victory, 1 tie and two loses but played the game in an excellent spirit; competitively and fairly. There were some fantastic performances throughout the afternoon. Ethan Eggleston was the standout fielder of the day – his ground work was exceptional and he was a constant energiser in the field encouraging boys to back up and get around at every opportunity. Special mention has to go to Alex Wilson for a superb all round cricketing performance. Alex's batting

## 1718 - Term 6 Newsletter

was brutal and yet another example of some of the cleanest ball striking I have seen for a long time and he wasn't bad with the ball either! Just in case you were thinking that he might not be the complete cricketer, Alex pulled on the keeping gloves for the last game and held an outstanding caught behind, 1 handed full length on the dive!

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#### Mr Cook

Player	Balls	Runs	Strike Rate	4	6	Inn. / Not Outs	Wickets	Runs	Overs	Econ.	Avg.
Alex Wilson	27	67	248.1	5	6	4 / 3	4	66	8	8.25	16.50
Alfie Rendell							1	21	4	5.25	21.00
Eli Smith	45	49	108.9	4	1	4 / 2	0	21	2	10.50	n/a
Ethan Eggleston	23	39	169.6	5	2	4 / 0	0	34	4	8.50	n/a
George Hardwell	7	1	14.3	0	0	2/0	0	12	1	12.00	n/a
Henil Desai							1	7	1	7.00	7.00
Josh Songer	5	3	60.0	0	0	3 / 2					
Kaie Lawrence	34	29	85.3	2	0	4 / 1					
Logan West							1	6	1	6.00	6.00
Louie Dun	12	6	50.0	0	0	3/3	1	9	1	9.00	9.00
Will Conroy	21	17	81.0	1	1	4 / 0	3	58	7.2	7.91	19.33

## **AVON SCHOOLS TRACK & FIELD**

### Trio of talented athletes represent district at outdoor athletics championships

On Saturday 9 June three students from St Katherine's represented North Somerset at the Avon Schools Outdoor Track and Field Championships against teams from Bristol, South Gloucestershire and BANES. Jazper Peacey, Finley King and Ashya Gray were all selected due to their performances in the North Somerset Championships earlier this year. All three of these students have set new school records this year in their respective events and so were really excited about the prospect of competing at this higher level. Jazper ran 1500m in 5.03, Finley King cleared 1.55 in the high jump and Ashya has gone out to 5.50 in the long jump!



### 1718 - Term 6 Newsletter

Finley has been jumping really well in practice and in actual fact cleared 1.52 comfortably just the evening before the competition itself. Finley kicked proceedings off in the high jump and must have felt his nerves dissipate when he cleared his selected opening height of 1.35. From there Finley looked good and made his way over 1.45 easily. Although Finley has cleared 1.55 in practice, he has never gone above 1.45 in competition and unfortunately for him the same remained true again in this event. Finley should be enormously proud of his achievement this year, especially considering that he does not compete or train regularly at an athletics club – something he should definitely be looking to change!

Next up was Ashya Gray who enjoyed a stellar indoor season. Ashya jumped 5.49 at the NS competition but put in one huge jump that would have seen him getting close to 6 metres had it not been for a minute overstep. I have absolute confidence that Ashya has a 6 metre jump in him and just needs to put it all together to see the magic happen. Ashya jumped really well on the morning but could only manage 5.48 as his best. Frustratingly for him, had he been able to equal his school record of 5.50 he would have finished in the top three but he was short by the 2cm.

Jazper is back to full fitness and firing on all cylinders this year and his hard work and dedication in the boxing gym shown to be paying dividends this year when he ran a superb 1500m at the NS Championships setting a new school record of 5.03. At this meet Jazper was running against some serious competition and one of the runners was pacing himself for 4.20 – the English Schools qualifying standard time. Jazper ran a gutsy race to finish in a new school record time of 5.02 – a time that he should be really proud of!



I am really proud of these three boys for the way that they competed at Avon Schools – all three have huge athletic talent and potential. On the Thursday evening before the meet I stood on stage at the Sports Awards and talked about how the sign of a great competitor is being able to produce the goods when the pressure is highest. These three boys did exactly that, Finley jumped as high as he has ever gone in a big competition, Ashya was just 2cm off his PB and Jazper ran a new PB and school record – you can't ask for more than that!

Congratulations on your selection for this event gents and well done for your efforts.

Mr Cook

# 7 & 8 BOYS CRICKET V PCSA

### Great friendly opportunity for boys from both sides to play hard ball cricket

On Tuesday 12 June the U13 boys made the short hop out to Easton CC for a friendly fixture against PCSA from Weston. It was great to be able to give 3 boys who are not already playing club cricket the opportunity to get stuck right in and they certainly made the most of it. Priory also had a number of players without much hard ball experience which presented them with the same opportunity. Both teams also had players with a lot of experience so it was a great opportunity for them to pass on some of their knowledge and help others to understand more about the game.

Captain Toby Rice won the toss and put the Priory boys in to bat with the conditions humid and a little overcast. The pitch also looked as though it might have something for the ball as there was a decent amount of grass on the surface. Toby made an excellent call to give all 10 boys a go with the ball and there were lots of fantastic performances that came from the varied bowling attack.

### 1718 - Term 6 Newsletter



Matthew BRENNAN, Seth COOK, Reggie-Lee HAYWARD, Benjamin LUMOSO, Mac MARSHALL, Toby RICE, Ariel RUGMAN, Charley SONGER, Will STRATTON, Jack THOBURN, Maxwell WILLIAMS

Will Stratton was the most economical bowler of the lot with figures of 0 for 4 off of his 2 overs with 1 maiden. Priory found it really difficult to get Will away, in fact so difficult that they didn't actually score a single run off the bat from his 12 deliveries. Will bowled 2 wides but otherwise would have had a double wicket maiden to his name! Maxwell Williams was another boy who stood out with the ball. For me Maxwell doesn't bowl enough and in his first over showed exactly why! Maxwell took a wicket with his first ball, a genuine leg spinner that went through the gate to clip the top of off stump – doesn't get much better! Ari Rugman picked up another wicket with a superb caught and bowled effort which Mr Brace captured brilliantly on camera. Ari had a long way to go and had to pull out the dive in order to cling on and get his man! Seth bowled really well considering that it was only his 2nd or 3rd over with a hard ball – he only went for a run a ball 6. Matty Brennan also deserves a special mention bowling his first ever hard ball over

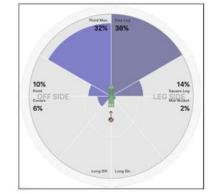
Matty Brennan also deserves a special mention bowling his first ever hard ball over for the school not only was Matty pretty economical he also collected a wicket picking up a county cricketer from Priory bowled for 5.

All up the Priory boys finished on 96 from their 15 overs setting SK a target of 97. It was great to see all of the boys chipping in with the ball but as good as their bowling was the boys weren't best pleased with their fielding. At the break the boys were set a task of making sure that their calling and running between the wickets was really sharp because that was the only part of the game that they could focus on now that they had finished with the ball.

The signs were good when Toby worked his first two deliveries for 3 but after 1.4 overs an early Priory wicket saw Toby heading back to the hutch passing Reggie on his way out to replace him. Mac and Reggie steadied the ship and both batted









## 1718 - Term 6 Newsletter

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superbly with some really sharp running between the wickets and clever shot selection. Neither boy is a big, strong hitter and both boys are in Year 7 but both absolutely know their main scoring areas and worked the field superbly behind square. If they were given any width at all they just used all of the pace that was on the ball to score their runs and it didn't take the boys long to both make their way up to retirement – Mac for runs and Reggie for time. Both boys batted superbly and really put SK in the driving seat. At the back end of the innings Ben, Ari, Charley and Maxwell and added runs to the tally to take the boys over the line with 2.3 overs remaining.



Congratulations to all of the boys and a special mention to Mac Marshall for a superb batting display and some good work with the ball too! Mac is really in great form at the moment and can't seem to stop scoring runs – with lots more cricket still to come this year, long may that continue!

Well done gentlemen.

Mr Cook

# **7 & 8 BOYS BASKETBALL V CLEVEDON**

#### Boys finish 3 up at buzzer after nail biting finish against new opposition

On Wednesday 13 June the U13 boys basketball team travelled to Clevedon School for a friendly basketball match against more new opponents. Having lost narrowly the week before against PCSA the boys were heading into this game a little tentatively. In the team there were also four boys who had been out at a cricket tournament for the entire school day and had been on the go since 9am. In fact those same four boys had a cricket match for Lodway in the evening and so were pretty much playing sport right through for 12 hours – what a brilliant day!

Clevedon were athletic and had a natural desire to intercept the ball and reach in to dispossess the SK boys and it took the first period of the game for the boys to adjust their performance accordingly. During the first period the boys made the contest a lot more difficult for themselves by dribbling the ball too much and ignoring the fact that there were players free ahead of them. At quarter time the game was fairly even with SK up by just a couple. The SK baskets had all come from the boys getting the ball to an open shooter but they simply didn't do this enough!

Just before the break I asked the boys on the bench to watch Clevedon when they were on defence and count how many of their 5 were operating man to man. The answer to the question was only ever 1 and that was the player who was pressuring the ball handler. In actual fact the remaining 4 players were also gravitating towards the ball which presented huge opportunities to pass the ball. When the boys eventually recognised this they were able to work a number of good shooting opportunities unopposed. Several of the boys had their shooting shoes on so whenever the ball fell to Jonathan, Trysten or Shadrach in good positions, it was quite likely they were going to make their shot. In fact they did exactly that with those boys scoring 10 points between them.

Despite the boys working out what they needed to do offensively they did struggle to get their defense sorted. One particular passage of play left those on the side (including me) with their head in the hands. The boys pressed high up the court for a Clevedon inbound leaving Clevedon's tallest player open for a long pass which he duly accepted and knocked in for an easy 2! As bad as that particular passage of play was, the majority of their hustle off of the ball was good and they intercepted a number of passes which presented them with good scoring opportunities of their own.

In the second period of the game SK had started to put it together and took their lead out to double figures but in the third period the boys let their lead slip a little and found themselves in a close contest for the fourth and final period of the game. When basketball matches are close you always look to your big players to come up with the goods. Ben Lumoso is big in stature, character and work rate and was already having a serious impact on the game up until this point. In the

## 1718 - Term 6 Newsletter

final period of the game when the scores were close, Ben really stepped up and handled the ball in pressured situations to see his team through. Ben scored a total of 11 points himself and I'm fairly certain that if he was on court, he likely played a large part in the other 14 that were scored. Ben was comfortably deserving of the MVP award despite Trysten enjoying his best school performance to date. It was great to see two boys who practice regularly doing so well on court but Ben was a cut above everyone else on the court that day!

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Gabriel ANTOLIC-FURLONG, Shadrach BUNKETE, Daud ISMAIL, Benjamin LUMOSO, Adil MOHAMOOD, Trysten NMAI, Jonathan PUATI-KAMBU, Toby RICE, Ariel RUGMAN, Alfie STEADMAN, Will STRATTON, Joseph WILLIAMS

Congratulations boys – great to bounce back from a narrow defeat with a narrow victory; final scores finishing 25-22 to SK – that's sport!

Well done gentlemen.

Mr Cook

1718 - Term 6 Newsletter



## **GIRLS ROUNDERS V BROADOAK**

### Good set of results in 4 evenly matched games against Weston school

On Wednesday 13 June the Year 7, 8 and 9/10 girls faced teams from Broadoak School in a series of friendly rounders fixtures.

Year 7: St Kath's 12 - 12 Broadoak



Year 8: St Kath's 16 - 11 Broadoak

In great form going into the game, the unbeaten St Kath's side faced an in form Broadoak side in their toughest game this season so far. Fielding first they were stunned by the power Broadoak had behind the ball, misfielding under pressure and missing stumping opportunities. Eventually they regained their composure and began to take catches and stumpings. Jolie Breakwell and Isobel Taylor linked well at backstop and 1st post, alongside Chloe Weaden on 2nd. Molly Green backed up Chloe well and her quick reactions led to 2 players out. Izzy Prime on 4th also linked well with Issy Howie to halt the Broadoak runners and increasing their total.

In their second innings Broadoak started with 2 rounders from 2 balls and it looked like there was a game on, however the decisive tactical play by St Kath's led to a number of stumpings. Sophie Weaden and Leah Porter stopped anything long range and reduced strikes that were potentially rounders to halves. Hetty Cleaver fielded well between 1st and 2nd post and Maya backed up well in the deep.

When batting the St Kath's side initially struggled with the Broadoak bowler's ability to spin the delivery. This made the

## 1718 - Term 6 Newsletter

timing difficult and took the pace off the girl's strikes. Isobel Taylor managed to place the ball well to score the team's first rounder and Leah Porter followed. Despite these scores the Broadoak side were fielding well and players who would usually find rounders were being limited to halves. The Broadoak backstop and 2nd post were linking well and chances to score were limited. As the game went on mistakes were made by the Broadoak side and chances were taken. This allowed the St Kath's side to stretch out a lead and gain another victory. Player of the match was voted as Leah Porter.









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Year 9 / Year 10







1718 - Term 6 Newsletter



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## **U14 BOYS CRICKET TOURNAMENT**

### Boys from 7, 8 and 9 enjoy day of cricket at Weston Cricket Club

On Wednesday 13 June and after a lot of juggling commitments around a group of boys arrived at Weston CC for what was the Year 9 cricket tournament. There are only a very small number of cricket playing boys in Year 9 and so the team was filled with 7s and 8s to make sure that the 9s didn't miss out. Miss Ball kindly volunteered to take the boys out for the day and it was always going to be a challenging day – better to have some cricket that none though!



### 1718 - Term 6 Newsletter



Louie DUN, Reggie-Lee HAYWARD, Benjamin LUMOSO, Mac MARSHALL, Toby RICE, Ariel RUGMAN, Harry SLAPE, Charley SONGER, Jack THOBURN, Joseph WILLIAMS, Maxwell WILLIAMS

In the first game SK faced Gordano and batted first. Runs came from Toby who retired with his 20, Mac who hit 9 and Louie who hit 5. Gordano bowled well and restricted SK to 43 off of their 8 overs. Gordano managed to chase down the total easily using less than half of their overs and with neither of their opening batsmen retiring. The pick of the bowlers was Louie Dun who went for 7 off of his over. Gordano were a strong side and SK had crash landed into the tournament but were determined not to let their first performance phase them and enjoy the rest of the day!

The boys performed much better in their second match against Churchill hitting more runs and taking the game much closer than their first. Toby retired with his 20 again, Louie chipped in with another 10 and Ben Lumoso added 10 of his own. Ari, Joe and Harry all came in and added more runs to the total and SK finished on 57 off of their 8 overs. The boys were much more confident about defending their higher total and managed to take the game deep into the 7th over before Churchill hit the winning runs. Toby went for 4 off of his over, Mac went for 7 off of his but by far and away the pick of the bowlers in this game was Charley Songer. Charley picked up a wicket in his over and went for just 3 runs – a great performance from a Year 7 lad playing in a Year 9 competition!

The boys saved the best for last and in their final game against Worle they bowled first. Louie took a wicket in the first over of the game and went for just 7 runs in addition, Ben managed to achieve the same in the third over, Ari went for 7 in the 7th over but the best bowling performance came from Reggie. In their last game Reggie came out from behind the stumps handing his gloves to Toby. Reggie keeps wicket brilliantly but can also bowl great leg spin and in this last game bowled 2 overs, none for 13 to finish with the best economy. The boys were chasing 74 runs and managed to hit 58 in reply – their highest total of the day. Toby and Ben opened up brilliantly and both added runs early on. Toby finished on 15 and Ben 10 with other boys coming in later on to take the total on to 58.

The boys should be really pleased with their performances and with the way that they improved as the day wore on. This group of boys love their cricket and learn quickly and although it was a challenging day for them, they all managed to raise their level in response.

Well done boys.

Mr Cook

## **U14 BOYS BASKETBALL V NS STARS**

### Boys bring home biggest points haul to date running with 5

On Sunday 17 June a small group of Year 8 and 9 boys were a little apprehensive waiting for a friendly basketball fixture against NS Stars as they arrived in dribs and drabs. They were apprehensive about whether or not they would have enough to field a full team on court but when the fifth and final player arrived at least they knew they would be able to contest the game! As it turned out the boys managed to put together one of their best ever basketball displays in a performance full to the brim with brilliant basketball, smart strategy and fantastic fitness plus their biggest ever points haul to boot! It was a real treat to be able to watch these five in full flow!

#### Quarter 1 | SK 12 v 4 NS Stars

Before we started I thought it was probably sensible to make sure that the boys knew what they were letting themselves in for. There were no substitutes which meant they had to make sure that they were able to run for the whole game. We spoke about the importance of possession and how much extra running each turnover would mean and we also spoken about controlling the tempo of the game when we had the ball. As is quite often the case the boys took to the court and paid absolutely no attention to what we had spoken about and went out like 5 bulls in a china shop! The boys seemed to have discussed and implemented their own offensive plans when Ari kept coming up towards the ball handler and setting really good quality screens for them to get by. In actual fact the boys earned their majority of their points from those screens in the first period. Charlton was an absolute pest right from the word go notching up 5 steals and 6 rebounds in the first quarter. Ben (10) and Toby (4) took on the point scoring duties while Tom's movement around the perimeter was really confusing the defenders. At quarter time the boys were up but knew they had perhaps gone out a little too hard!

#### Quarter 2 | SK 32 v 20 NS Stars

The boys settled into a much more sustainable game plan during the second period and really started to show their intelligence. The Stars came out hard looking to get back into the game and went on a run early in the second period but credit to the SK boys who didn't panic and just stuck to their guns! Whenever they had possession they made sure to look after the ball and slow down their offensive pace. Charlton seemed to be on a one man mission to rebuild the lead that the Stars had cut down early in the second period. He went on a ridiculous scoring spree that consisted of 10 points and

## 1718 - Term 6 Newsletter

was still adding to his other stats collecting 4 steals and another 7 rebounds! Ari was playing super smart basketball and came back to set the screen at the top of the key but changed up his offensive plans every now and then by coming to collect the ball. The defence were caught off guard by the variation and Ari managed to get himself 2 assists. Tom's athletic ability showed no signs of letting up as he was leading the reds up the court on offense and back down the court on defence – something he kept up for the entire game! Toby (4) and Ben (2) added the other points as the boys extended their 8 point lead out to 12 having had it cut quite substantially early on.

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Tom EVANS, Benjamin LUMOSO, Charlton MILLIGAN, Toby RICE, Ariel RUGMAN



Quarter 3 | SK 46 v 32 NS Stars

The boys were looking good at the half way mark and not showing any signs of fatigue. The Stars had responded well in the second but the Saints raised their level and responded when they needed to. The pattern was repeated in the third when the Stars went on another mini run to cut the deficit. It seemed that whenever the Stars notched up points, the

### 1718 - Term 6 Newsletter

Saints went right down the other end and replied – proper basketball! Charlton (8), Toby (4) and Ben (2) added the points but there was much more to their performance than just baskets. Charlton was an absolute rebounding machine and was completely dominant under his own hoop and causing real problems under the Stars basket. Whenever Charlton didn't rebound the ball, Tom was there to clear up which gave the Stars nowhere near the number of opportunities that SK had at the other end. The basketball was great to watch with boys making explosive moves to the basket, being found by a quality bulleted pass and finishing rubbing salt into the Stars wounds. Ben Lumoso notched up three assists during the third period and each of his passes was so sublime that the recipient would have been rude not to have put it in for points! The boys extended their lead by 2 to go into the final period 14 up.

#### Quarter 4 | SK 60 v 44 NS Stars

In the final period there were shimmers of fatigue starting to briefly appear in their performance which was quite understandable. Early on the Stars went on another run looking to get back into the contest and managed to put together some really well orchestrated moves that they finished for points. Fortunately for Saints, Ben Lumoso was looking like he could play for another 40 minutes and not only did he continue to assist two more baskets in the final period but he also scored 10 points of his own. Ben was getting on the ball at the top of the key, dribbling off of a screen to get inside, stopping and pulling up to nail his jump shot and he managed this on more than one occasion. One particular move stands out in my mind when he received a pass in at the mid-post, squared his man up before jabbing hard at the basket only to pull back out and nail his jumper – brilliant basketball to watch. The Stars were also showing some signs of tiring and this allowed the Saints to extend their lead out to 16 by the end of the game.

MVP goes to Charlton for his triple double – points, steals and rebounds. Charlton enjoyed his best basketball match for the school without question – a phenomenal performance from a hugely talented athlete and sportsman. All of the boys should be delighted with their performance – it was great to see such strength in character on court and the fact that the boys only had 5 players really galvanised the group and made for a brilliant watch!

Well done gentlemen - enjoy a well-earned rest on your Sunday afternoon!

#### Mr Cook

Player	Points	Assists	Steals	Rebounds	Blocks
T Rice	12	0	3	7	0
A Rugman	0	3	2	2	0
T Evans	0	0	1	2	0
C Milligan	24	1	11	28	1
B Lumoso	24	7	0	13	0

## **7 BOYS CRICKET TOURNAMENT**

#### Youngest cricketers experience first ever school tournament

On Tuesday 19 June a group of cricket playing boys from Year 7 headed down to Uphill Castle CC in Weston for their first ever North Somerset Cricket Tournament. The boys were in a pool with Worle, Nailsea and Hans Price and having played the majority of their cricket as an U13 team this season this competition gave the boys a chance to take the lead. It was also great to see a handful of boys playing for the school for the first time – as things turned out the boys really improved during the afternoon and showed a huge amount of potential on the cricket pitch.

Their first match was against Worle and turned out to be their closest game. Games that go right to the wire early on unsurprisingly direct the trend for the rest of the competition and it was unfortunate that the boys lost out by the narrowest of margins. Worle batted first and set a decent total of 81 from their 12 overs. The best over of the innings was an easy one as Louis Gaskell stepped up in his first ever game for the school and bowled 1 over for just 1 run picking up a wicket too! Mac Marshall (2) and Charley Songer (1) picked up the other wickets and were also economical in their overs both boys going for less than 5 an over. Extras were costly and the boys found themselves chasing a target of 82 for victory.

The boys made a great attempt at chasing down the total and were going along nicely with Mac Marshall and Will King opening up. Wickets soon fell which left Mac and Charley at the crease together. Mac batted really well and retired just before the end of the innings with his 20 and the boys needing around 20 more for victory at a run a ball. Charley Songer took on the bulk of the responsibility at this stage in the game and some of the running between the wickets was excellent. Charley took the game into the last over and the boys needed 10 for victory. The strongest Worle bowler was on the money in the last to save the game but couldn't dismiss Charley who finished 19 not out and hit his runs when the pressure was on – a great batting display from a brilliant character!

In their next match the boys faced a very strong Nailsea team but were looking to better their first performance. Nailsea batted strongly and finished on an impressive 96 from their 12 overs. The bowling figures were tough going on the SK boys but Seth Cook and Reggie Hayward came out most economical at a run a ball. Alfie King picked up the only wicket of the match bowling the Nailsea 3 bat for just 3 runs after building the pressure nicely.

## 1718 - Term 6 Newsletter

Chasing a high total was always going to be a tough ask but Mac and Gabe opened up well with Gabe adding 4 before being run out unluckily. Mac batted on to retire with 21 leaving Reggie and Alfie King at the crease. Unfortunately both boys found it difficult to score freely but the boys did finish on 75 which was only 3 runs shy of their total from the first match against a stronger bowling attack.



Gabriel ANTOLIC-FURLONG, Matthew BRENNAN, Seth COOK, Jake DRYSDALE, Louis GASKELL, Reggie-Lee HAYWARD, Alfie KING, William KING, Mac MARSHALL, Charley SONGER, Will STRATTON

In their final match the boys faced Hans Price and were hoping to find their best performance of the tournament. Batting first they hit 83 runs – their highest total which turned out to be enough for victory in match 3 of 3. Mac, Charley and Will King were responsible for the runs with the boys scoring 20, 17 and 20 respectively. For the second time in the same day Charley Songer found himself adding big runs to the total at the back end of an innings and playing some excellent cricket shots. The boys were confident that they could defend their total and in actual fact restricted their opponents to 45. Will King earns the prize for the best bowler in this match with figures of 2 overs 0-3 with a maiden over in there too! Matt Brennan took on the lion share of the bowling duties in this game which was a great opportunity for him to steer the team to victory. Charley Songer was the only boy to pick up a wicket despite a number of bowlers proving difficult to get away. Charley had a little help from Will King who held onto a great catch – his second of the day.

Man of the tournament was a tricky decision with both Charley and Mac standing out. Charley took the award this time around because he hit his runs when the pressure was on, he took wickets as well as being economical and gave all of his team mates great energy in the field – it was great to watch Charley enjoying his improvement as much as his team mates were! At the end of the afternoon the boys had hit more runs than they had conceded and it proved a fantastic opportunities for boys who don't already play a huge amount of cricket to get stuck into some competition.

Well done gentlemen.

Mr Coo	k
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Player	Balls	Runs	Strike Rate	4	6	Inn. / Not Outs	Wickets	Runs	Overs	Econ.	Avg.
Mac Marshall	61	61	100.0	3	0	3/3	2	37	8	4.62	18.50
Charley Songer	48	36	75.0	4	0	2 / 2	2	23	5	4.60	11.50
Will King	26	28	107.7	3	0	2 / 1	0	21	4	5.25	n/a
Alfie King	16	10	62.5	0	0	1 / 0	1	28	4	7.00	28.00
Reggie Hayward	17	9	52.9	0	0	2 / 1	0	13	2	6.50	n/a
Louis Gaskell	18	9	50.0	1	0	2/0	1	4	2	2.00	4.00
Gabe Antolic-Furlong	13	4	30.8	0	0	2 / 1	0	4	1	4.00	n/a
Seth Cook	1	0	0	0	0	1 / 0	0	9	2	4.50	n/a
Matt Brennan	3	0	0	0	0	1 / 0	0	32	4	8.00	n/a
Will Stratton							0	16	1	16.00	n/a
Jake Drysdale							0	25	3	8.33	n/a

1718 - Term 6 Newsletter



## **U13 BOYS CRICKET V GORDANO**

### Extras prove costly as boys put in great display of character in tough contest

On Wednesday 20 June a group of U13 boys travelled to Portishead CC for a friendly fixture against Gordano School. Unfortunately the boys were left a little short late on but thanks to some last minute recruitment managed to field 9 boys; enough to make a game of it. Thankfully the Gordano boys were more than accommodating and rotated 2 fielders on and off throughout our innings. Thank you to all of the boys who fielded for us to make up the numbers and thank you also to Portishead CC for hosting us so brilliantly!



Nana GYIMAH-SARPONG, Reggie-Lee HAYWARD, William KING, Benjamin LUMOSO, Toby RICE, Ariel RUGMAN, Charley SONGER, Will STRATTON, Jack THOBURN

Toby won the toss and put the Gordano boys in to bat first. The weather during the day at school had been pretty awful but somehow the clouds had cleared and it was absolutely glorious on the front down at the Lake Grounds. The start was a very positive one for SK when Toby came up with two dots followed by a wicket in his first three deliveries. Losing wickets early can always be a sign of disaster for a batting line-up but absolute credit to the Gordano 2 and 3 bat as they rebuilt an exceptionally good partnership. In fact the partnership was never broken by SK as both Gordano batsmen made their way to 30 and retired. Gordano were in a very commanding position and had 60 runs on the board with 5 overs still to play. Having two new batsmen at the crease at the same time can always be difficult but Gordano continued to score well finishing on 105. Toby Rice was great with the ball finishing with figures of 3-0-14-1. Charley Songer stepped up as first change bowler once again and enjoyed a great spell and figures of 2-0-18-0 and a special mention should go to Will Stratton. In his first over Will went for just 3 runs and put the ball on the spot for 6 out of 6 with two established batsmen at the crease – if there was ever a sign that a boy should play club cricket that was it! Will King also did well with ball and was economical going for a run a ball 12 from his two overs.

With only 9 wickets and 15 overs to bat the boys knew that they had to be conservative but they only needed around 7 an over so didn't need to go off all guns blazing! Toby and Ben opened the batting and started to go along really well. Gordano had some really accurate bowlers take on their opening overs so the boys were just behind the rate. It took until the 6th over for Gordano to break the opening partnership of 30 but unfortunately Ben played around a straight one which managed to get through and bowl him. The wicket halted the progress that the boys made with the bat as both Reggie and Ari found it difficult to score runs and eventually lost their wickets. Toby remained at the crease and looked in great touch for his 30, eventually retiring to leave the run scoring duties to Nana and Charley Songer. Out of the two batsmen it

### 1718 - Term 6 Newsletter

was Charley who was in the runs and he had continued his form from the day before by scoring early runs again in this match. Charley really took responsibility for trying to get as close to the total as possible and the final wicket partnership of 12 might not seem massive but those runs were added in quick time and Charley scored 10 of them! Eventually the game was finished when Charley tried to turn one around the corner but lofted it in the air to fine leg who was up on the edge of the circle. The boys finished on 78 but were pleased at the way they had made a game of it.

This was a really enjoyable game of cricket to watch and I would actually go as far as to say it was the most enjoyable game I have watched so far all season. There was bags of character on display from start to finish and there was a huge amount of positive energy around all of the boys who played. Man of the match could easily go to Toby Rice but on this occasion Charley Songer gets the award. Charley's cricket has come on a huge amount this year and he is a really great all-rounder capable of bowling tight overs and picking up the odd wicket but in recent weeks also capable of adding some quick runs with the bat. Equally as important as his cricketing talents is the fact that Charley is such a positive character who gives great energy and encouragement in the field – you can't underestimate how important that aspect of the game is. Well done Charley – keep up the great work!

Well done gentlemen.

#### Mr Cook

BATSMAN							30 48 5x 61	55 58	ROWLER											M) i		w w	D. N	ECON
Ben Lumoso	111212W	b Hamish Tarr	8	12.1	5 .0	4.2	8	60% 66.7	Toby Rice w	R V 1	4	1	2						3	ŝ	4			4.67
Toby Rice		retired (not out)	30	31 3	10 11	6 10	6	48% 96.8	N	n R B	7													
Reggie Hayward	1.1.1.4.W	c Tom Willey b Zach Rollings	7	18-1	0 1	4 3	10	22N 38.9	Ben Lumoso WI	N D B	3								2	3	8	2	1	9.00
(wk) Ari Rugman	.4.W	b Ben Tothill	4	4	7 2	3	+	25%100.0	Will Stratton W	R 3 N D	13								2	1	6			8.00
Nana Gyimah- Sarpong	1,1	net out	2	. 8. 1	4 0	5 2		25% 25.0	Charley W	R 3	6								2		10			5.00
Charley Songer	111_42W	c Tom Benfield & Casey Daley	10	9	8 4	1 2 2		56% 111.1	Songer N		5								·			-		
Will Stratton		not out	1	6	3 14	с. т.		20% 20.0	Ari Rugman Wi	N D	6								2	1	8	2		9.00
Will King									Jack Thoburn	6 6 V 8	4								2	9	6	-	i 12	8.00
Jack Thoburn									M	B R J	245													
a									Will King WO	D B	4								2	1	12	19	4	6.00
1										PL.														

## **8 GIRLS NS ROUNDERS TOURNAMENT**

#### Ladies crowned champions of North Somerset after stunning afternoon of rounders

Going into the tournament the team had been unbeaten, but also hadn't played some of the stronger teams from the south of the county. In their pool they had been drawn against Priory in the first game. This first game caught them off guard, and despite some excellent hitting from the girls, the Priory side matched this with accurate fielding. Some fielding errors also cost the St Kath's girls rounders and the first game finished in a loss by 6 - 3 rounders.



Next up they faced Churchill, batting first they immediately made an impact with rounders from Ella Leakey, Leah Porter and Isobel Taylor. Halves were also added to mount a respectable 7 ½ rounders. When fielding, they quick gained their composure and some quick thinking at the posts by Katie Hill and Chloe Weaden allowed for some easy stumpings to reduce the Churchill squad. The final score was 7 ½ to 2 rounders and the girls first victory.

Next up they faced Sidcot, who had looked strong in their previous games. Batting first they managed to score 3 rounders

## 1718 - Term 6 Newsletter

off 3 balls with some immense strikes by Sophie, Isobel and Leah. The Sidcot team quickly reorganised and stopped the onslaught from the St Kath's batters. Picking up halves and another rounder by Asha Storer gained them a total of 7 to defend. The Sidcot girls batted well and despite some excellent fielding by the St Kath's side batted precisely between the gaps in the field. With only one ball remaining the Sidcot team needed just ½ to draw level and 1 rounder to win. Jess Stanley bowling held her nerve to bowl a good ball and despite the batter hitting it she tried for the full rounder and a great catch by Ella Leakey on 4th stumped her out and won St Kath's the game 7 - 6 ½.

Finally, knowing that a place in the semi finals was likely they played Nailsea with complete confidence. They reduced the team down quickly with Isobel Taylor at backstop and Katie Hill on 1st post linking well to get a number of girls out. In fact they had the entire Nailsea side out in 15 balls which reduced their scoring capacity significantly. When batting the whole team contributed with halves and rounders, finishing on a win by 4 - 1 rounders.







Meanwhile in the other pool the second St Kath's side opened their tournament with a game against Priory. A tough game for the St Kath's side who fielded first, with some impressive opening strikes by the Priory side. Tight backstopping by Daisy Money kept the St Kath's side in the game linking well with Jamie Leigh Bell on 2nd. Megan Larkin and Sophie Powell were kept busy in the deep but fielded under great direction by captain Izzy Prime. Maya opened the batting with a half, but disappointingly they lost Daisy Money to a great catch. Sophie Powell confused the side with a great hit off her left but the score by Priory was too much to overcome and they lost this game 7 - 2.

In their next game they faced Backwell B, another tough set of opponents, but they fielded much better, with Molly Green backing up 2nd really well reading play and accurate and consistent bowling by Maya Matthews. Molly Green was striking the ball really well and some quick thinking from Hetty Cleaver and Izzy Prime gained additional halves. They scored an impressive 8 ½ rounders but unfortunately it wasn't quite enough to beat the 10 scored by Backwell.

Next up were Hans Price, despite few full rounders being scored, this game was jammed full of tactical decision making to pick up halves. Evie Dexter joined Megan Larkin and Jamie-Leigh Bell among others to make up the 9 rounders scored. When fielding it was a nail biting finish with the game going down to the last ball. Thankfully this particular game finished in St Kath's favour winning 8 ½ to 9 rounders.

Finally they faced Nailsea. At this point in the tournament it was clear that both teams had found the "bat" and were striking the ball really well. Jamie-Leigh fielded well in the deep alongside Molly Green and get linking by Izzy Prime to Hetty Cleaver restricted Nailsea's total. The St Kath's girls batted well with Natalie Stringer adding to the 5 ½ scored by St Kath's. Unfortunately it wasn't enough to get them through to the total scored by Nailsea of 7.



#### SEMI FINALS

Having finished as runners up in their pool, St Kath's A team faced Gordano, who had won their pool. Gordano looked confident having won their games convincingly however sharp fielding and some impressive catches by Sophie Weaden and Issy Howie took them down to 5 in just 6 balls. Clearly rocked by this the Gordano girls started to take risks and great

## 1718 - Term 6 Newsletter

awareness by Chloe Weaden fielding to 4th also got further players out. Continued links by Isobel and Katie also contributed to Gordano only batting 15/21 balls and gaining just 2 ½. When batting it was an emphatic start with Leah Porter scoring a rounder followed by Sophie scoring a half. This settled the nerves of the St Kath's side who then continued to bat well. Great fielding by Gordano meant that strong hits were fielded well but further strikes by Leah, Chloe and Isobel sent the St Kath's score past Gordano and won the game and a place in the final 2 ½ - 6.

#### FINAL

Having already lost to Priory, who beat Worle in the other semi final, the girls were determined to rectify their first game loss. Fielding first they got off to an impressive start, with 5 of their 9 players out on their first attempt. Great links between backstop and 1st, alongside some great fielding work stunned the Priory girls and by ball 12 they were on their last batter. This was a stunning show of tactical fielding and had the Priory team in disarray. When batting the St Kath's side started slowly, not taking risks, but by ball 7 there was no score and it began to get tense. A half rounder gained by 2 no balls settled nerves then big hits by Sophie Weaden and Leah Porter sent the St Kath's score beyond the Priory total, finishing with 3 ½ rounders. A fantastic and well deserved victory overall to claim the "Champions of North Somerset" title.



# **7 NS SCHOOLS ATHLETICS**

#### Students enjoy first ever secondary outdoor athletics meet in team competition

On Wednesday 27 June a team of Year 7 girls and boys travelled to Clevedon School for their first ever secondary outdoor athletics meet. Both girls and boys teams had done brilliantly in the indoor competitions earlier in the year and so we were really excited to see them outdoors. Unfortunately the athletics clashed with the Big Bang science trip which meant that some athletes couldn't compete but the competition was a fantastic opportunity for those who were available to experience some new events. Special thanks to all of the athletes who filled in events which they would not normally compete in!

The girls started out on the track and enjoyed some great results! The standout performance came from Danielle Cameron in the 200m – Danielle has really shown her athletic talent in lessons and at athletics club in recent weeks and so it was brilliant to watch her put it all together on the track. Danielle has a natural sprinting technique and deserved her excellent silver medal in the 200 sprint. In the field the girls picked up two medals in the javelin and the long jump. Daisy Wilkinson took on the javelin and her best throw earned her a bronze medal finishing in third position. Megan Hart-Jones took well-deserved silver in the long jump absolutely nailing her second attempt. Megan finished comfortably in second position and would have had the gold but for a fantastic athlete from Gordano who finished out some way ahead of the rest of the field with a very impressive distance.

## 1718 - Term 6 Newsletter



Gabriel ANTOLIC-FURLONG, Melissa BARTLETT, Ryan BUNDY, Danielle CAMERON, Kanye CHRISTIE, Balint FEKETE, Megan HART- JONES, Kenneth NEWBURY, Charley SONGER, Will STRATTON, Ruby WALSH, Waide WATSON, Daisy WILKINSON



The boys kicked off proceedings in the field where the standout performance came from Waide Watson in the discus. Waide narrowly missed out on a medal with his best throw but deserves huge credit as this was an event that he hadn't been able to practice before the competition – just imagine what he could throw with some practice! On the track the best performance came from Ryan Bundy in his 800m race. Weather conditions and the temperature made middle distance running wholly unpleasant but Ryan gritted his teeth and picked up his feet to finish just outside of the medals after a gutsy run.







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### 1718 - Term 6 Newsletter

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Well done to everyone who competed, especially to those who filled events for the team. Special congratulations to Danielle, Megan and Daisy for their medal winning performances!

The afternoon saw both teams from SK finish in respectable final positions but more importantly gave a number of athletes their first taste of outdoor athletics.

Miss Ball and Mr Cook

# **PRIMARY QUADKIDS FESTIVAL**

#### Year 10 put on more fantastic sporting opportunities for NS primary schools

On Friday 15 June and Wednesday 27 June a group of Year 10 leaders were involved in the running of two primary athletics competitions for over 300 local children. The format of the competition involves students competing in four events; a 600m / 400m run, standing long jump, 75m sprint and a howler throw hence the name Quadkids. The competition is frenzied with lots of schools and athletes all competing at the same time across the different events. These events are always some of the busiest for our leaders and true to form the Year 10s really took to their leadership brilliantly.



Will CONROY, Aaron EMERY, Ashya GRAY, Charlie HAYWARD, George HAYWARD, Kaie LAWRENCE, Felix MCGOVERN, Reece PALMER, Jazzy PITHER, Lucie ROBERTSHAW, Eli SMITH, Joshua SONGER, Ruby WEBBER, Henry WELCH, Logan WEST, Sam WILLIAMS, Leah DICKINSON, Ethan EGGLESTON, Callum EMERY, Niamh SCANLAN



Ruby and Jazzy watching carefully with athlete in mid-air



Reece and Eli keeping the howler running smoothly



Lucie and Leah checking their measurments for the standing long jump

## 1718 - Term 6 Newsletter

In the first competition we had almost 200 additional primary school year 5 and 6 students on site for their competition which demanded a lot of work from our leaders. Year 10 have been responsible for 8 primary school events already over the course of this year and so are well versed in their leadership. In previous years we have had groups through who have become a little complacent with their leadership having led so much but this group are always keen to impress and put on a high quality event like it is the first time they have led!

In the second competition there were well over 100 year 3 & 4 students who turned up for the same competition only with some minor changes to some of the events. In baking hot conditions there was absolutely no sign of complacency from our leaders as they put on a second high quality sporting competition in as many weeks. The second time around they really got into the swing of the event and ran almost every single aspect – once again the supporting adults couldn't help but feel a little redundant.

Charlie, Aaron and Kaie timing the 75m sprint



Sam making sure his results are accurate



Josh and Callum on the speed bounce counting and scoring every bounce

This Year 10 cohort have really excelled themselves when it comes to leadership such that I would say as a group, are one of the best cohorts we have ever had! We are really fortunate to have so many fantastic leaders in the older year groups in school and it is looking likely that Year 10 will be continuing the trend!

One teacher from one of the primary schools responded to the comment from the organisers that this group of leaders are arguably the best we have worked with at St Katherine's by saying this ...

I agree with the comment about the Y10 leaders, I thought that they were fantastic - much more confident than previous years and some of them were giving really good coaching tips to our children.



### 1718 - Term 6 Newsletter



Thank you to those who volunteer their time so readily – I seem to put out requests for leaders and within seconds I am inundated with replies from large numbers of fantastic natural leaders!

As a special treat before the start of the second competition our very own Ashya Gray was coaxed into demonstrating the standing long jump for all of the children. Ashya was given a big introduction as they told all the children how Ashya is the second best indoor standing long jumper in the UK. Ashya didn't disappoint with his demonstration going out to 3 metres and although not an official jump is probably one of his best! What better inspiration for the primary children and what a fantastic way to start the second competition – well done Ashya!

Special thanks to Mr German and Mr Turner for giving St Katherine's the opportunity to lead these events!

A huge thank you from me to all of our leaders for their efforts!

Mr Cook

# **LONDON ATHLETICS & TENNIS TRIP**

#### Lucky group experience unforgettable weekend of live sport in the nation's capital

On Saturday 14 July a very small and very lucky group of students boarded the school minibus bound for the nation's capital city. On what promised to be an unforgettable residential trip, the students were heading to see the inaugural Athletics World Cup at the London Stadium – home of the London 2012 Olympic Games before savouring Men's Finals Day at Wimbledon 2018. As far as live sporting events go – you don't get much better!

All of the signs pointed towards an exciting weekend as soon as we reached London and crossed Vauxhall Bridge. It took the group a few seconds to work out why the scene felt so familiar but they quickly realised that it was because they had all seen the James Bond film Spectre. Students enjoyed seeing MI6 headquarters as they crossed the bridge and we made our way alongside the River Thames.



After arriving at our overnight stop we left the minibus and luggage behind and headed for the underground station at Mile

## 1718 - Term 6 Newsletter

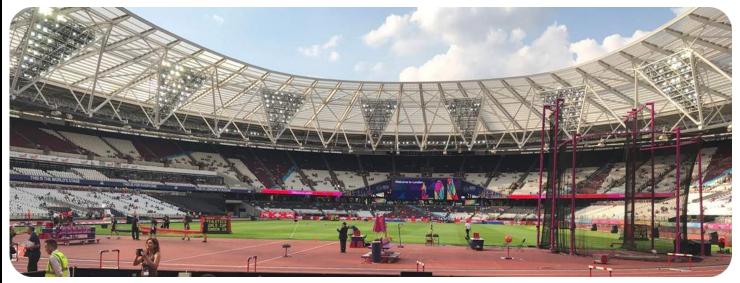
End which was just a short walk from Queen Mary University Halls of Residence. The temperature was pushing 30 degrees and it was even warmer underground! For some of the group this was their first time on the underground and so they were a little bit worried when the doors closed and left behind 3 of us – thankfully I was one of the stranded 3 and so we caught the next train and met up with the group!

After a short walk from Stratford Station we arrived at the Olympic Park and had plenty of time to take a tour of some of the iconic sights from the London Olympic Games in 2012. We had a fantastic afternoon walking around the park and visiting some of the venues that we had all watched so eagerly on television 6 years ago! We visited the Aquatic Centre, Wall of Champions, the Agitos symbol, the VeloPark, the Olympic Rings, the Slide and of course the Olympic Stadium itself! It was amazing to wander through the park and to take in all of the sights and sounds that were on offer. There are so many details you just couldn't see everything – around every corner there was something different to see; whether it was Greg Rutherford's winning long jump marked out on the ground or a brave soul abseiling down the side of the formidable looking Slide!





Later in the evening we entered the London Stadium to take our seats in the most amazing arena! Our seats were fantastic – we were right down the front, seated right next to the entrance tunnel, just below the live band and had a brilliant view of the start / finish line as well as the shot, javelin and discus/hammer cage! We'd been in the stadium for a matter of minutes before the group spotted their first celebrity – Caolán managed a quick photograph!



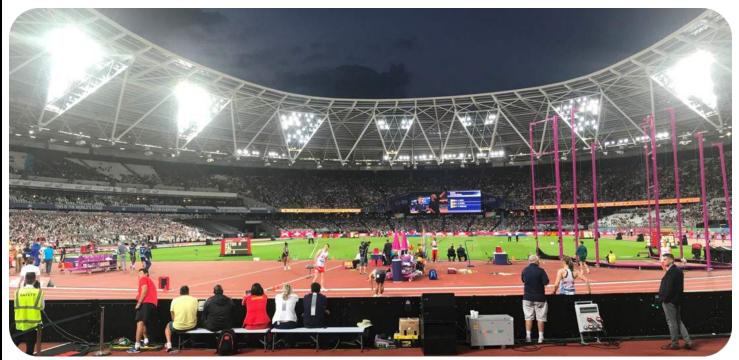
Things were exciting enough before the athletics had even started let alone once the competition was underway! I have never been to watch live athletics before and absolutely loved the fact that you didn't know where to turn because there was so much to watch! All of a sudden you would hear a roar from one part of the ground and look over to see someone jumping, then someone would prepare to throw right in front of us and all the time events were setting off around the track!

1718 - Term 6 Newsletter





The atmosphere was superb and things really built into the evening as the lights in the stadium started to become more and more dominant. We had so many treats all in the space of a few short hours; our own Sophie Hitchon up against the women's world record holder for the hammer right in front of us, Holly Bradshaw winning the pole vault, Lorraine Ugen smashing the long jump, Nesta Carter running on the track and the drama of the men's 4 x 100m relay to finish!



As we walked out of the stadium and made our way back to Queen Mary University at Mile End you couldn't help but think how lucky you had been on the evening but what made it even more special was that there was still another whole day of live sporting action to come!

The overnight stay gave the students a great opportunity to experience what life might be like in University halls and while the group might have complained about the 0830 start to the day, they weren't moaning too much when they made it in for breakfast in The Curve – one of the campus' canteens.

A quick hop from East to West across London gave the group chance to take in some more sights before finally parking up at Wimbledon Park Golf Club opposite one of the most iconic sporting venues in the world and home to the most prestigious tennis tournament that there is! We were lucky enough to have 5 pairs of tickets for Court 1 and 1 pair of tickets for Centre Court. We rotated students on and off centre court all day with the intention of allowing everyone to see some of the 2018 Men's Final – unfortunately the game didn't go on for quite as long as we would have liked. Everyone got an opportunity to get on Centre Court to see one of the two finals that were scheduled for the day. The group weren't short of tennis to watch on Number 1 either and arguably that court had the best days play. First up we watched a young Brit by the name of Jack Draper go down narrowly in the Boys Singles Final. This was followed by a Ladies and then Gentlemen's Invitational Doubles where we got to see Martina Navratilova and Kim Clijsters as well as Mark Philippoussis and Xavier Malisse.

When you walk around at The Championships you have to keep your eyes open, especially on finals day! Tom and Danny have a bit of a reputation for celebrity spotting and both boys managed to get photos with some rather well known footballers! Thanks to Mario Goetze, Marcos Alonso, Cesc Fabregas and Andre Schuerrle for the photos!

## 1718 - Term 6 Newsletter



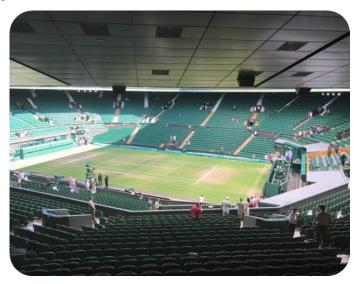


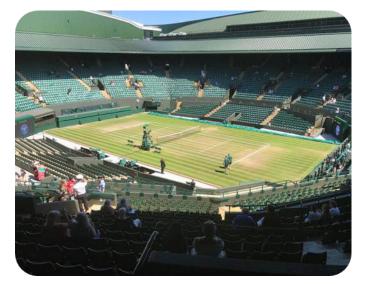






Students enjoyed taking in every bit of the tennis and made the most of their experience by visiting as many different corners of the complex as possible. As well as walking around the site they also enjoyed taking in the tennis in their seats which were thankfully in the shade! Official temperatures were measured at 41 degrees down courtside so we were grateful for our cool seats!





At the end of the second day it was hard to believe just how much live sporting action we had taken in during the weekend. We were extremely fortunate that two fantastic sporting events fell on consecutive days and even luckier that we managed to get such brilliant tickets for both!

If the students enjoyed their weekend half as much as I did then I know that they will have had the most amazing time! Opportunities like this one don't come round very often so it was a real pleasure to be able to treat such a lovely group to the best weekend of live sport!



Miss Ball and Mr Cook

1718 - Term 6 Newsletter



## **FINAL HOUSE RESULTS JULY 2018**

### Saturn victorious for second year running in final year of existing houses

At the end of the academic year we can now reveal final house results. This was the final year of competition under the existing house system and saw Saturn crowned House Sport Champions for the second year running! The yellow house finished strongly stretching an already comfortable 13 point lead out to an insurmountable 39 point lead! Previously Saturn had not won the House Sport Competition for 3 years and although it is unfortunate that they will not have the opportunity to defend their title, we are excited about the new house system starting in September.

Current	Current Standings									
Position	Position House P									
1	Saturn	205								
2	Mars	166								
3	Jupiter	146								
4	Mercury	145								

" Saturn finish final house competition under current model strongly - comfortable winners 39 points clear while only 11 points separate minor places "

Pr	evious Sta	ndings
Position	House	Points
1	Saturn	93
2	Mars	80
3	Jupiter	73
4	Mercury	69

a -	Hauss	Yea	r 7	Yea	r 8	Yea	r 9	Year	10	Year	11	Tot	al
	House	Points	Rank										
	Jupiter	26	1	16	2	24	1	23	1	4	3	93	2
ΥS	Mars	19	2	16	2	22	3	15	3	7	1	79	3
BOYS	Mercury	17	4	16	2	12	4	10	4	3	4	58	4
-	Saturn	18	3	32	1	23	2	23	1	7	1	103	1
(0)	Jupiter	13	4	14	4	13	4	9	4	4	3	53	4
LC0	Mars	24	2	20	2	19	2	16	2	8	1	87	2
GIRLS	Mercury	26	1	29	1	19	2	10	3	3	4	87	2
	Saturn	20	3	20	2	29	1	26	1	7	2	102	1
	Jupiter	39	3	30	4	37	3	32	2	8	3	146	3
A	Mars	43	1	36	3	41	2	31	3	15	1	166	2
VERAL	Mercury	43	1	45	2	31	4	20	4	6	4	145	4
6	Saturn	38	4	52	1	52	1	49	1	14	2	205	1

Month	Event	*
October	Cross Country (7-9)	1
November	AUTUMN HOUSE SPORT: Boys Dodgeball and Girls Benchball (7-10)	1
December	WINTER HOUSE SPORT: Boys Rugby and Girls Netball / Hockey (7-10)	1
Londo consul	Badminton (11)	
January	Table Tennis (11)	1
February	Basketball (11)	1
April	SPRING HOUSE SPORT: Boys Football and Girls Netball / Hockey (7-10)	1
	SUMMER HOUSE SPORT: Striking and Fielding (7-10)	1
June	SPORTS DAY Field Events (7-10)	1
July	SPORTS DAY Track Events (7-10)	×.
	SK Superstars (7-10)	1

With the 2017/18 competition complete was can announce that for the second year running there are 91% of students in years 7-10 who have represented their houses in at least one sporting competition!

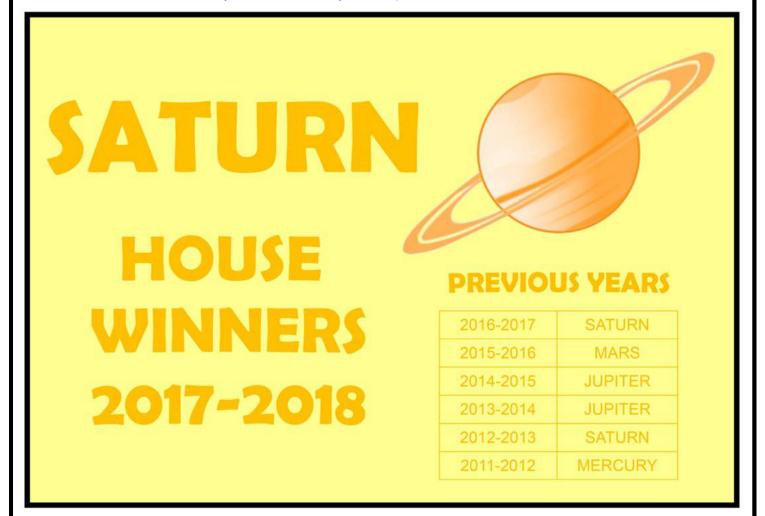
Thank you to all of our house captains this year - they have all done a brilliant job in encouraging as many of their house

1718 - Term 6 Newsletter



mates as they can to get involved!

Max Andrews, Ruby Argo, Freya Barnett, Anida Bonomo, Matthew Brennan, Kanye Christie, Hetty Cleaver, Nicole Conbeer, Henil Desai, Louie Dun, Ethan Emery, Molly Green, Nana Gyimah-Sarpong, Chantelle Hawkes, George Hayward, Kaie Lawrence, Zara Mace, Maya Matthews, Charlie Medder, Charlton Milligan, Scarlett Newby, Jazper Peacey, Jonathan Puati-Kambu, Toby Rice, Lucie Robertshaw, Lara Roper, Annika Rugman, Ariel Rugman, Remi Smith, Alfie Steadman, Will Stratton, Tony Tanner, Isobel Taylor, Joseph Williams, Muhammed Zubair



The PE Faculty

1718 - Term 6 Newsletter



# **CLUBS AND CAPS TERM 6**

#### A look back at student achievements in the sixth and final term of the academic year

We are really pleased to be able to share some information about notable student achievements this term. So many of our students give such substantial and sustained contributions to our faculty and they deserve their recognition!

### **Top Clubbers**

Congratulations to the top male and female clubbers for each year group below!

Poppy Baldwin-Brooks, Melissa Bartlett, Danielle Cameron, Jemima German, Megan Hart-Jones, Ellie-Mai Herbert, Effie Lomax, Daisy Medder, Ma Melias, Nadia Namulondo, Scarlett Newby, Isabella Wake, Daisy Wilkinson	Year 7	Will Stratton
Molly Green & Isobel Taylor	Year 8	Joseph Williams
Freya Barnett, Beth Edwards, Molly Jackson, Grace Newby, Amelie Purvis, Lara Roper, Lucy Turner	Year 9	Jazper Peacey
Stella Crocker & Ruby Webber	Year 10	Ashya Gray, Shamarka Mattan, Zak Mohamood
Bo Marshall	Year 11	Dexter Mott, Caolán Pearce, Louis Stratton
-	Year 12 & 13	Danny Conway & Mason Smart

#### School Caps

Congratulations to the students below who notched up the most school caps during this term!

Melissa Bartlett & Daisy Wilkinson	Year 7	Will Stratton
Leah Porter & Chloe Weaden	Year 8	Toby Rice
Molly Jackson & Lara Roper	Year 9	Louie Dun
Ruby Webber	Year 10	Will Conroy
Bo Marshall	Year 11	Louis Stratton
Meg Andrews, Athea Heavens, Maddie Watts, Ashleigh Wills	Year 12 & 13	Danny Conway

Congratulations to the students below who are currently the highest cap earners in the school!

Ruby Webber	100		Danny Conway	130
Bo Marshall	76	Most Capped Students	Caolán Pearce	120
Lauren Dun	72		Tom Green	112

Keep working hard - your effort, endeavour, dedication and commitment doesn't go unnoticed!

Thank you all for your contributions.

The PE Faculty

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1718 - Term 6 Newsletter





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## **The PE Faculty**

Mr Cook Head of PE **Miss Ball** Head of Girls PE Mrs Price

**Mr Thomas** 

### **Miss Wilsher**

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