

# ST KATHERINE'S SCHOOL PE & SPORT NEWSLETTER

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## 7 NS SPORTSHALL ATHLETICS

### Two SK teams heading for County Indoor Athletics Finals!

On Tuesday 9 January the girls and boys teams from year 7 were called into action once again for the North Somerset Indoor Athletics Finals. This event saw the best 2 teams from the north compete against the best two teams from the south for just two spots representing North Somerset at the County Finals later this month.



Competitors (pictured) & leaders: Gabriel ANTOLIC-FURLONG, Poppy BALDWIN-BROOKS, Ryan BUNDY, Kanye CHRISTIE, Will CONROY, Danny CONWAY, Matthew CRUTCHLEY, Leah DICKINSON, Ethan EGGLESTON, Jemima GERMAN, Zak HARRIS, Megan HART-JONES, Charlie HAYWARD, Georg HAYWARD, Amani ISLAM, Bo MARSHALL, Josh MOORE, Kenneth NEWBURY, Scarlett NEWBY, Jamie PACKHAM, Reece PALMER, Caolán PEARCE, Charley SONGER, Louis STRATTON, Will STRATTON, Waide WATSON, Daisy WILKINSON

Everyone from St Kath's was hoping for both teams to qualify but nobody was brave enough to mention it before the competition. Instead the year 7 students just set about nailing their technique and attended two practice sessions after school so that they could make sure they gave themselves every opportunity to put in their best performances.

#### Girls

The year 7 girls got off to a great start on the track as the obstacle relay team brought home a second place and got the baton round without any drama. This settled the nerves and really helped all of the girls knuckle down to their point scoring. With the first race out of the way two gritty competitors took to the track for the 2 lap races. Daisy Wilkinson cruised to victory in her 2 lap A race while team mate Poppy Baldwin-Brooks finished in an impressive 2nd place in the B race. This was the exact reverse in terms of finishing position to Gordano who the girls knew were likely to be their closest rivals. 2 races down at the girls were trailing by 2 points in second position. Yet another silver and gold on the track from Megan and Jemima in the 4 lap races pulled the scores right back and St Kath's were now tied for top spot. Daisy was back out on the track for her 6 lap race in which she finished superbly to finish in second place and the girls in the paarlauf team up well to grab 3rd place which meant that after the track events Gordano had a small lead.

Gordano put in an almost flawless performance in the field taking double golds in 3 of the 5 events which meant that they were looking very strong in first position and SK had to concentrate on picking up as many points as they could. Best field performances came in the standing long jump where Jemima and Megan took double silver with jumps of 1.82 and 1.78 respectively. This was closely followed by Amani and Daisy who took A bronze and B gold in the vertical jump leaping up to 46 and 40 centimetres respectively.



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Megan finishing strongly in her 4 lap race



Daisy reaching as high as she can in the vertical jump



Jamie in the middle of the paarlauf

## Boys

The boys couldn't have asked for a better start to the event when the first quartet out on track got the baton around the obstacle course without any mishaps to cross the line before any other team. This was already an improvement on their north schools performance; could it be that all of the practice was paying dividends? From the word go the year 7 boys took the competition by storm and it was raining gold! Of the 18 gold medals that were up for grabs in the competition, St Kath's won 15 of them! Charley Songer might have been nervous about stepping up into the A race but his turning technique along with team mate Will Stratton's was on point as both boys crossed first in their 2 lap races. Kanye Christie gritted his teeth to come from behind in his 4 lap A race while Waide Watson did exactly the same in his B race doing a job for the team in a race that he doesn't enjoy! Josh Moore missed out on gold by inches on the line again to the same Gordano runner in a great race while Gabe and Ryan smashed their paarlauf race.

The boys were even more dominant in the field winning 9 out of the 10 golds on offer with some incredible performances. Kenny and Charley both medalled in the shot despite neither throwing as far as they are capable of. Kanye and Waide were the only two boys in the competition to pass the magic 2 metre mark in the standing long jump competition. Kanye was at it again in the standing triple jump with a huge 6.41; not his best jump but still half a metre ahead of anyone else on the day! Gabe was his jumping partner this time putting out an impressive 5.28 to take gold in the B competition. Neither Ryan nor Charley bounced their best in the speed bounce but both took victory all the same. Ryan notched up 81, a shade fewer than his 85 record while Charley hit 69 and is capable of getting into the 70s. Kenny and Waide nailed the vertical jump both taking golds and both going over the 40 centimetre mark.

The girls were consistently earning across all of the events but knew that Priory were hot on their heels so they were in need of a good relay performance. For the boys, they knew they were out in front so just needed to avoid any baton related disasters! The girls started well in the relay but the competition was strong and when the baton got to Jemima St Kath's were in third and some way behind. Jemima ran the standout leg in the relay to get her team back in to contention and although they didn't take gold, the silver they did earn was much needed! Thing started well for the boys in the relay but the standout leg was Kanye Christie who got the baton with work to do just behind the leader. Kanye at full speed is a sight to enjoy and he clawed back the leader and went out ahead to take gold for his team. One of my favourite photographs of the evening is of Kanye enjoying every single minute of crossing first in the relay!

Come results time the girls and boys were sat eagerly awaiting the outcome. The girls knew that Gordano had probably finished in top spot but weren't all too sure whether Priory had managed to close the gap from third and the boys were waiting almost sure that they first place in the bag. As teachers there is not much that tops seeing sheer delight on the faces of students when they are amazed by their own achievements and you need only look at the photographs below to know that both St Katherine's teams qualified and will go on to the County Finals later this month! I think it's fair to say that this group of competitors cannot wait to test their mettle against the best two teams from South Gloucestershire, Bristol and BANES alongside their North Somerset rivals.



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Congratulations to all of the athletes!

A special mention also needs to go to the leaders who helped put on yet another fantastic event at St Katherine's. There are some students in year 10 and 11 who have now given up more than 5 hours of their own time this year just for indoor athletics competitions. Such is the standard of young leaders at St Katherine's that once again this year we have been asked to provide leaders for the County Finals – the only difference this time is that we'll have two teams competing too! Thank you to all of the students who kindly gave up their time!

Special mentions also to Shane German, Dave Turner and Sue Jones who all give up their time to organise and run an event that has become one of the highlights of the competition calendar - every year students and staff look forward to the sportshall athletics competitions.

Thank you and well done to everyone involved.

## The PE Faculty

Event	7 Girls	7 Boys
Obstacle Relay	Megan Hart-Jones Jemima German Daisy Wilkinson Poppy Baldwin-Brooks	Josh Moore Gabe Antolic-Furlong Ryan Bundy Kenny Newbury
2 Lap	<b>Daisy Wilkinson</b> Poppy Baldwin-Brooks	<b>Charley Songer</b> Will Stratton
4 Lap	<b>Megan Hart-Jones</b> Jemima German	<b>Kanye Christie</b> Waide Watson
6 Lap	<b>Daisy Wilkinson</b>	<b>Josh Moore</b>
8 Lap Paarlauf	<b>Jamie Packham</b> <b>Poppy Baldwin-Brooks</b>	<b>Gabe Antolic-Furlong</b> <b>Ryan Bundy</b>
4 x 2 Lap Relay	Amani Islam Poppy Baldwin-Brooks Jemima German Megan Hart-Jones	Waide Watson Will Stratton Charley Songer Kanye Christie
Shot	<b>Poppy Baldwin-Brooks</b> Amani Islam	<b>Kenny Newbury</b> Charley Songer
Standing Long Jump	<b>Jemima German</b> Megan Hart-Jones	<b>Kanye Christie</b> Waide Watson
Standing Triple Jump	<b>Daisy Wilkinson</b> Scarlett Newby	<b>Kanye Christie</b> Gabe Antolic-Furlong
Speed Bounce	<b>Poppy Baldwin-Brooks</b> Megan Hart-Jones	<b>Ryan Bundy</b> Charley Songer
Vertical Jump	<b>Amani Islam</b> Daisy Wilkinson	<b>Waide Watson</b> Kenny Newbury





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## 9 & 10 BOYS BASKETBALL V NS STARS

### Boys equal highest points tally of season & produce some top play

On Sunday 14 January a group of year 9 & 10 boys took to the court together for the first time for a basketball match against NS Stars. This was the perfect opportunity to give the boys from year 9 some court time in a more competitive match and also to give the year 10 boys the opportunity to step up and lead from the front as the most senior and experienced players on court. Not only did this work out perfectly but several boys played some of the best basketball that they have ever played for the school and really demonstrated just how much progress they have made.



*Hamza BULALEH, Tom EVANS, Bailee FARLEY, Ashya GRAY, Finley KING, Sharmarka MATTAN, Charlton MILLIGAN, Zakaria MOHAMOOD, Reece PALMER, Jazper PEACEY*

### Quarter 1 | SK 12 v 13 NS

Both teams started brilliant in this opening period of the game and it was just like watching proper basketball as the two sides traded 2 point plays. Zak and Sharky were getting their hands on the ball around the perimeter and making things happen controlling the players on the spots in front of them. Both boys notched up assists in the first quarter and were enjoying every minute of playing with Ashya who posted an impressive total of 10 in the first period. To give some indication of the point scoring responsibility that Ashya took on; I had set the team a target of scoring 10 points in the first period! Zak managed to get open inside for a neat 2 point jump shot demonstrating the quality of his shooting technique. This positive start really set the tone for the older boys for the rest of the game as their standard of play really rocketed. The Stars were still up at quarter time and had played some really clever basketball working some great openings under the hoop.

### Quarter 2 | SK 21 v 31 NS (SK 9 v 18 NS)

There's no easy way to give boys competitive experience and sometimes they just have to be prepared to be thrown in at the deep end. That was exactly what happened at the start of the second quarter as changes gave boys their first opportunity of playing against a proper club side. They quickly discovered the step up was a big one but set about getting stuck into the challenge. You could see that the boys were learning almost instantly out on court which was exactly what

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they needed. Nowhere was this clear than with Jazper who took on ball handling duties but was stripped by a Stars player who pressurised him when he wasn't expecting it. Jazper quickly repaid the favour just seconds later with a steal of his own and went all the way to the basket only to miss the lay-up narrowly – one more lesson learned! The older boys were brilliant and leading and coaching the younger boys through the game and set a great example but scoring all 9 of the points in this quarter. Zak was showing confidence by the bucket load and happy to drive to the basket whenever the opportunity presented itself drawing contact on one occasion and making one of his free throws.



## Quarter 3 | SK 36 v 48 NS (SK 15 v 17 NS)

In the third period of the game younger boys were growing in confidence and the older boys were putting in some top performances. Finley King drew contact after driving to the basket to earn himself two free shots while Tom was much happier about getting stuck into the game under his own hoop. Zak continued to pose a threat at the basket and shot a total of 3 free throws during the third period as well as scoring 4 points. Reece Palmer enjoyed his best period of the match and was a great leader when he was the most senior player on court. Reece notched up all 7 of his points in this quarter one of which came from the free throw line. Ashya weighed in with 4 more points as well as adding to his steals, blocks and rebound tallies. In a period where almost every boy played a part, St Katherine's enjoyed their most lucrative quarter of the match.

## Quarter 4 | SK 44 v 66 NS (SK 8 v 18 NS)

In the fourth and final period of the game the boys suffered a 4 minute spell where they turned possession over and were punished for it and the Stars boys went on a run of about 8 or 10 unanswered points. St Kath's mounted a small resurgence but given that they were already behind, saw their deficit increase quite substantially. Ashya did show himself to be something of a rebounding machine in the final period of the match racking up 4 in total, 3 of which came at the offensive end. Ultimately the Stars boys had too much for us and really opened up a lead in the last period of the match. Sharky hit a jump shot for 2 points and Bailee did all that he could stealing and rebounding the ball for his team but their efforts weren't enough to close the gap.

The number of points against don't really do the boys credit at all and in actual fact they put together some of the best basketball I have seen them play all year long. Zak, Sharky, Reece, Bailee and Ashya all had their best games for the school and worked really well on court as a quintet but also as leaders with the other boys getting hugely valuable court time. Despite a good number of boys playing against the Stars for the first time they still managed to rack up their second joint highest points tally of the season so far and it was the way that those points came that was most pleasing.

MVP has to go to Ashya Gray – boy is this lad talented! 24 points – the biggest haul any player has ever hit in any school basketball game I can remember and it isn't as though he just spends all of his time under the hoop at the offensive end. Ashya handles the ball a lot too and thoroughly deserves the award for this match – what a performance!



Well done gentlemen.

Mr Cook

Player	Points	Assists	Steals	Rebounds	Blocks
Z Mohamood	9	4	0	2	1
S Mattan	4	3	1	1	0
B Farley	0	1	2	1	0
R Palmer	7	0	1	5	0
A Gray	24	0	1	5	2
J Peacey	0	0	1	0	0
T Evans	0	0	0	1	0
C Milligan	0	0	0	1	0
F King	0	0	1	0	0
H Bulaleh	0	1	0	0	0



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## 8 GIRLS QF NETBALL V NORTON HILL

**Girls victorious and proceed to WESPORT finals after beating Norton Hill school**

Having already won the North Somerset county netball tournament, the year eight girls proceeded into the quarter-final draw for the regional finals. The only thing standing in their way was the Norton Hill side who had also been successful in their own county tournament. The winner of this game would make the final four in the WESPORT games on January 30th at the University of the West of England.



The St Kath's side started well taking the lead immediately from the centre pass. Isobel Taylor and Sophie Weaden linked well to provide Chloe Weaden (goal shooter) a scoring opportunity. However, both sides were particularly nervous about the importance of this game and mistakes were frequent from both sides. It wasn't long before the Norton Hill side levelled the score. With both sides having an equal share of the possession the majority of the game was played out in centre third. Asha Storer and Melissa Madamombe made crucial interceptions to regain possession of the St Kath's side. Towards the end of the first quarter a long range shot from Sophie Weaden was converted and the girls went in to the quarter time break to one up.



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Norton Hill had obviously been spoken to by the coach during the break and reacted well at the start, dominating play and going into a 4 goal lead. The girls were stunned by their response and it took some time to regain composure, however they did so with Jess Stanley and Daisy Money making some great passes into the shooters, who managed to level the score at six all.

The St Kath's side had the better of the third quarter, with Lauren Clifford and Asha Storer making some great interceptions and rebounding well to keep the Norton Hill side out. Chloe and Sophie Weaden were beginning to dominate the shooting circle and cause havoc for the Norton Hill defence, the shooting accuracy was also excellent, rarely missing any opportunities. At the end of the third quarter St Kath's led by 12 goals to 9.

Both sides played the final quarter with high speed which almost became frantic at times. Both sides were creating shooting opportunities and at one point the St Kath's side has a 4 goal lead, however as the quarter went on, the pressure began to tell and Norton Hill began to get back into the game, closing the gap to 2 goals. Despite this the St Kath's side managed to hold on to the two-goal lead and were victorious 15 goals to 13. Player of the match was a well-deserved Sophie Weaden who made some excellent contributions to the St Kath's victory.

The girls now progress to the regional finals and will face three of the best teams in the region.

Miss Ball

## 10 & 11 NS HOCKEY TOURNAMENT

### Girls have unbeaten competition and finish in well-deserved 2nd place

The St Kath's combined year 10/11 hockey team travelled to Priory in cold and blustery conditions to play out the year 11's final tournament for the school. With only four teams entered the field looked strong and it was a tough challenge for the St Kath's girls.

In the first game they faced Worle. Both sides started well with attacking opportunities at both ends. Leesha Coleman was dominant in defence making some excellent clearances over the halfway mark. Lauren Dun was also key in making vital interceptions to halt any Worle attempts on goal. Both Stella Croker and Ellie McCarthy had opportunities upfront and kept possession well. It was the Worle goalkeeper who made the difference in the game, as the St Kath's side had the majority of the ball possession and attempts on goal. The game ended 0 - 0 and Ellie McCarthy was voted player of the match.



In the second game they faced Gordano. Gordano started strongly and had more of the possession, keeping the defence of St Kath's busy. Grace Brown and Izzy Fielden made some excellent stops down the sides of the pitch to stop the Gordano attack, whilst Ruby Webber in goal made some excellent saves. Once St Kath's regained their composure, they began to make gains in the opposition half, creating opportunities and winning penalty corners. Lauren Dun was unlucky when denied by the crossbar and Lauren Toms backed up well on the right side of the pitch. The game ended goalless with St Kath's having the upper hand on penalty corners and possession. Player of the match was voted as Lauren Dun.

In the final game they faced Priory the hosts who were out for a win having been unbeaten in the previous two games. However it didn't go the hosts way and St Kath's had the majority of possession creating chances with Jazzy Pither, Elise Wear, and Lucie Robertshaw linking well through the middle providing Bo Marshall with a couple of goal opportunities. This game was much more open and there were chances at both ends, with Ruby Webber making an important save in the final minutes. Again the game ended goalless and left the St Kath's side at the top of the table with one game left to play. Unfortunately Gordano managed to win their final game, leaving St Kath's a disappointing but thoroughly deserved 2nd position.

Miss Ball



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## U16 BOYS FOOTBALL V PRESTON

**Boys battled hard but are knocked out of Somerset Cup by last year's finalists**

On Wednesday 17 January the boys finally took to the field for perhaps their most eagerly anticipated secondary school cup football match. The original deadline for the game was the 9 December and despite several attempts it hadn't been possible to get the game on until more than a month later! The prolonged anticipation coupled with the knowledge that this 'might' be their last ever cup match meant that the boys built the game up in to a serious contest and there was a palpable excitement amongst the group on come game day.



*Matthew CRUTCHLEY, George HARRIS, Bailee HARRISON, Dexter MOTT, Caolán PEARCE, Kieran PHILLIPS, Matteo PRIME, Charlie RICE, Paul RICKARDS, Samuel SANDERS, Louis STRATTON, Mickey TRENEAR-CHITTEM, Kai WEST, Hao Hao ZHANG*

The boys didn't have it all their own way in the build up to the game; unfortunately illness meant that goalkeeper Ed Powell was unavailable which meant that Bailee Harrison's skills were called into action between the posts rather than outpitch and team talisman Kieran Phillips was still unavailable although coming to the end of his rehabilitation following injury. Despite this St Kath's were raring to go and set up in 4-5-1 formation.

The start to the game was cagey at best with neither team really wanting to get caught out by playing too much football in the wrong areas of the pitch. Possession changed hands frequently and this made it tricky for either team to get any sort of foothold in the match. In the opening minutes you could see that the St Kath's boys were a little over enthusiastic in their challenges and gave away a handful of free kicks. One of which called keeper Harrison in to action early on drawing an excellent save from him – it seems as though a 9 month break from goalkeeping in a proper game works wonders! Unfortunately Bailee's team mates weren't quite as alert when defending a corner in the 7th minute of the game and a poor delivery that barely made the front post was turned in by a Preston player. The boys were bitterly disappointed that they hadn't attacked and cleared the set piece but this spurred them in to action in attempt to get back in to the game.

All of a sudden after conceding, St Kath's sprung into action and found themselves well and truly in the game. They were

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beginning to find real joy out wide with Harris and Rickards getting a lot of the ball in a lot of space. Some cool and collected defensive work from full back Mott gave winger Harris the ball with the time and space to take the pitch in. George played a neat ball down the line for Mickey Chitterm who had made an excellent run in behind the opposing full back. Mickey played the ball back inside to Harris who had continued his run and now had the time and space to strike the ball from the edge of the area forcing a Preston defender to block. The loose ball fell to centre back and captain Pearce who found himself in an advanced position out on the left hand side. Caolán got to the by-line superbly and flashed the ball across the box only for it to miss the outstretched leg of Sanders by a whisker. Preston had the lead but at this point in the game were on the back foot.

Rickards was enjoying just as much space and ball on the other flank and made a great run to latch on to a perfectly weighted through ball. Paul found himself bearing down on the pass and drew the keeper out and forced him into an excellent save. Paul arrived to the ball first and in attempt to lift the ball over the onrushing keeper forced an excellent parry. Once again Pearce found himself chasing down a loose ball that had been collected by the Preston full back. Caolán bullied his opponent off of the ball with a slightly over zealous challenge which resulted in a free kick which was just a sign that St Kath's were up for the challenge and determined to fight their way back in to the game.



The back four were relatively unworked in the 15 minute period following Preston's goal and this was because the red midfield quintet were dominating the play. Matty Crutchley was settling into one of his customary performances in front of the back four by pressurising every single ball and winning possession countless times. Matty is more than just a ball winner, he had bags of ability and is often the catalyst for much of the year 11 boys attacking play. Kai and Mickey complimented Matty well and were also starting to link up well in this period of the match. Unfortunately Sam was finding it difficult to get into the game up front on his own and the Preston defenders dealt with him well which made it tricky to turn this period of midfield and defensive dominance into goal scoring opportunities.

The 23rd minute of the game was a real turning point and in a crushing blow, St Kath's were punished for failing to clear their lines for the second time in the match. Up until this point they had been 100% in the fight but were guilty of two defensive errors that had cost them two goals. You could see that the boys were disappointed but things could have been made worse when just before half time keeper Harrison was forced into another excellent save which kept his team in the game.

At the break the boys all acknowledged that they were unlucky to be 2 down and were determined to go about getting back into the tie in the second period. In an attempt to offer Sam some support Charlie Rice came on to the field of play to give the boys an out and also to occupy some of the defenders that had made life difficult for Sam in the first half. Those who know Charlie will know that he certainly gives you something to think about when you're playing against him! Unfortunately things didn't go to plan at all and after just a handful of minutes on the pitch Charlie collided with an opposition player and sustained a nasty dead leg which meant he couldn't continue.

The home side couldn't help but feel that things were stacking up against them and conceding a third goal inside the first 10 minutes of the second half made things a whole lot worse. They simply gave a Preston player far too much time and space on the edge of the penalty area and he delighted in taking the ball around 2 before getting his shot away into the bottom corner - the task ahead of the boys was now seeming insurmountable. At 3-0 down we had a tough decision to make but decided to try everything we could to get back into the game. We changed things around for the last 20 minutes of the game to go 3-4-3 with Zhang, Prime and Mott at the back, Pearce, West, Crutchley and Harris in the midfield and then Sanders, Chitterm and Rickards up front. On the side and desperate to get involved Kieran Phillips offered a huge amount of support to the boys and also to the tactical and formation changes. We all agreed that there was little point in settling for a 3-0 defeat as it made no difference if we lost the game 33-0. If we could just nick a goal with 10 or 15 minutes to play then we would be back in the game.

Despite being seriously under resourced and really overrun the boys in defence did a fantastic job in keeping Preston quiet up until the last 5 minutes of the game. The midfield and attacking players were throwing everything forward but couldn't work that goal scoring opportunity or even a half chance. In really cruel fashion Preston scored 3 goals in the last 3 minutes of the match to put the game to bed and leave their opponents on their knees after a crushing defeat. At full time although everyone knew that we may as well have tried to get back into the game, nobody was pleased about losing



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6-0 as the score line didn't reflect the difference between the two teams on the day.



Man of the match is never an award that players want on the losing team but there were a few who put in excellent performances. Bailee Harrison did a fantastic job in goal for the team and kept the boys in the game for as long as he could making some excellent stops. Dexter Mott had one of, if not his best performance for the school – he read the game really well and was assured in possession. Caolán Pearce led by example and was always at the front of the SK charge making a big impact in the midfield towards the end of the contest. The award goes to Matty Crutchley who covered every single blade of grass and really made a difference in the midfield from start to finish.

The following day I shared some knowledge with the team that I had deliberately held back. Prior to the game our boys had no idea that Preston were finalists of the previous year's U15 competition losing 3-1 to Nailsea; we had also lost 3-1 to Nailsea in the Y10 football tournament last year. Even more interesting was that to get to the final last year Preston beat Kings of Wessex who we lost 5-3 to in the first round last year. Although we have lost to all 3 teams, these are the top 3 sides in Somerset (according to results) which is quite a big area so the boys shouldn't be too disappointed at all. I guess you could say we've been a little unlucky with our draws the last 2 years!

Special thanks to Kieran for the time & support he gave to his school team mates and me!

Well done gentlemen.

Mr Cook

## U13 BOYS INDOOR CRICKET SCB R1

### Boys qualify for North Schools play-off after some fantastic cricket

On Thursday 18 January the U13 boys travelled to Gordano School to compete for two places in the next round of the Somerset Cricket Board Indoor Premier League Competition. They were drawn in a qualifying group with Gordano, Fairlands and Churchill and faced Fairlands in their semi-final match. For 3 of the boys, this was their first time playing competitively for the school in an indoor competition – what better way to learn about the game!



*Reggie-Lee HAYWARD, Benjamin LUMOSO, Toby RICE, Harry SLAPE, Charley SONGER, Will STRATTON, Jack THOBURN, Joseph WILLIAMS*

The boys qualified as one of the top two teams and progress to the next round. Well done to everyone involved.

Mr Cook

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Batting (batting second)		
Batsman		Runs
T Rice		4
B Lumoso		3
H Slape		8
J Thoburn		2
J Williams		0
W Stratton		4
C Songer	Not Out	0
R Hayward	Not Out	0

Extras	
Total (6 overs)	51 - 6

Batting (batting second)		
Batsman		Runs
T Rice		10
B Lumoso		14
J Thoburn		0
J Williams		5
H Slape		4
W Stratton	Not Out	6
R Hayward		0
C Songer		

Extras	
Total (6 overs)	66 - 5

Bowling				
Bowler	O	R	W	Econ.
J Thoburn	1	8	1	8.00
W Stratton	1	13	0	13.00
C Songer	1	4	1	4.00
J Williams	1	10	0	10.00
B Lumoso	1	12	1	12.00
T Rice	1	3	1	3.00

Extras	

Fairlands Batting Total (batting first)	
Total (6 overs)	50 - 3

Bowling				
Bowler	O	R	W	Econ.
J Thoburn	1	13	0	13.00
W Stratton	1	14	0	14.00
C Songer	1	18	0	18.00
J Williams	1	6	2	6.00
B Lumoso	1	12	1	12.00
T Rice	1	4	1	4.00

Extras	

Gordano Batting Total (batting first)	
Total (6 overs)	68 - 4

## WINTER HOUSE SPORT

### Final year students compete in inaugural badminton competition

In relative terms the House structure at St Katherine's is fairly new with the first competition between the existing houses only taking place back in 2011. Since then the competition calendar has evolved quite a bit but never included year 11 students. This year for the first time we decided to trial a series of year 11 competitions that take on a slightly different guise. In the competitions for the senior year group, houses would compete for three sets of points in in badminton, table tennis and basketball.

The first of these competitions was in badminton and teams of 4 players (2 boys and 2 girls) took to the court in matches against the other houses. Each house match consisted of a girls doubles, boys doubles and 2 mixed doubles contests. Players went head to head in timed matches in a twist to our traditional house competition format. At the end of the time players points were all added together and the house that won the most points overall would win the title. This competition format meant that there was no winning score and houses always had something to play for.



Brendan BENNETT, Lauren DUN, Lexi FITZGERALD, Megan GRIFFITHS, Peter HADLEY, Ali HASSAN-MURPHY, Owen JOHNSON, Jeevan JOJU, Bo MARSHALL, Daniel MOLNAR, Fay MORRIS, Dexter MOTT, Matteo PRIME, Elise WEAR, Hao Hao ZHANG



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Unfortunately due to some illness and absence Mercury house weren't able to field a full team and because they were 2 girls short they were only able to play the boys doubles matches. Brendan and Ali teamed up well to earn a total of 35 points overall – not bad considering they only played ¼ of their matches! Their best result came in a victory over Jupiter's boys doubles pairing where they scored 17 points in their allotted time. Well done to both boys who competed well in all matches despite being depleted as a house.

Jupiter finished in third position overall scoring a total of 145 points across their 12 matches. Dexter wasn't put off by any of the changes in personnel in his house as he partnered Matteo and Jeevan throughout the competition. Bo and Lexie scored consistently in their girls doubles matches never more than 4 points behind their opponents at the claxon. It was Bo and Lexie who contributed the most points for their house although both mixed pairs played well together; Dexter and Lexie in particular bringing in a good number of points.



Mars had no choice but to settle for second despite scoring a total of 183 points across their 12 matches they were still some way shy of the leaders. All four of the Mars team scored consistently throughout the competition but it was Dan Molnar who was the most valuable player earning 96 points in all of his doubles matches. Lauren partnered Dan superbly for their mixed doubles contests and in fact was the only player to remain unbeaten for the whole competition from the red house. Owen and Fay enjoyed close matches against Saturn and Jupiter managing to beat the later but losing to the former. There were a lot of close matches in the competition but none closer that Lauren and Fay's match against Saturn with the girls from the red house coming out on top by 1 point at the claxon. Unfortunately even this victory wasn't enough to close on the leaders.



An extremely dominant performance from the yellow house saw them crowned badminton champions for year 11. Saturn won 10 of their 12 matches with their only defeats coming in mixed doubles against Mars and girls doubles against Mars. Zhang and Peter proved a formidable partnership and clocked up more than 25 points in 2 of their 3 doubles contests with Zhang and Megan notching up more than 25 in another mixed doubles against Jupiter. It was little surprise then that Zhang was top Saturn scorer at the end of the competition closely followed by Peter. Truth be told Megan and Elise were just as strong as their team mates and due to the standard of their team play overall proved worthy winners. Megan and Elise were the third and sixth highest scoring individual players of the competition respectively which gives some indication of the strength in depth that Saturn possess on the badminton court.

The standard of play was great and it was equally as enjoyable to watch students competing in a less familiar activity to the house competition calendar. Well done to all of the competitors – full results below.

Saturn may be out in front but the scene is set nicely for the table tennis and basketball competitions later this year.

The PE Faculty

House	Competitors	PLD	POINTS	RANK
Jupiter	BOYS	12	138	3
Mars	BOYS	12	185	2
Mercury	BOYS	12	70	4
Saturn	BOYS	12	252	1
Jupiter	GIRLS	12	152	3
Mars	GIRLS	12	181	2
Mercury	GIRLS	12	0	4
Saturn	GIRLS	12	190	1

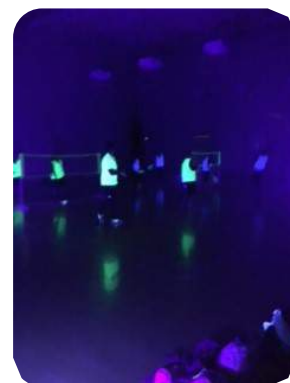
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## 12 SPORT SCIENCE TASTER DAY

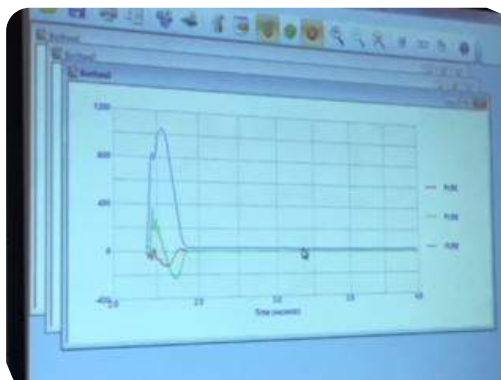
### Year 12 PE students visit the University of Gloucestershire Oxstalls Campus

The subject of A Level PE has many branches that dip into the ever growing sports industry, however the A level course is limited to studying the theory side of these topics only. Visiting the Oxstalls Campus the students were able to learn practically using state of the art technology and equipment whilst doing so.



The students were given a choice of seminars to attend, which included biomechanics, where the students used a force plate to compare the impact of running in trainers against running barefoot, investigating the possible implications of footwear on the knee and hip joints, sports coaching, and the use of notational analysis and performance profiling to highlight areas of strength and weakness in performance. Technology in sport, looking at and discussing the advances in technology and the impact of performers and sports therapy, dealing with various methods of preventing and treating injury.

The students were also given a campus tour to show the facilities the students have access too and activities such as glow in the badminton and futsal were also put on.



## GIRLS FIXTURES V GORDANO

### Tough set of first fixtures for the new season against local rivals Gordano

Year 10: St Kath's 8 Gordano 22

Having not managed to train before their first game the Year 10 side were always going to find their first game against Gordano difficult and it was this lack of training that made their first 2 quarters hard, whilst they familiarised themselves with playing with each other.

Gordano started well and immediate pressure was put on the St Kath's defence, however Grace brown made numerous interceptions to halt the Gordano advances. Despite these interceptions, the Gordano attack was constant, with Wren Talbot Ponsonby and Izzy Fielden being stretched to cover the accurate and rapid passing of the opposition. Despite all of their pressure, the St Kath's side had their chances, with Stella Crocker and Priscilla Lumoso linking well in attack. The St Kath's chances however were few and often forced to shoot from long range. Across the 4 quarters the St Kath's side did have the better of the Gordano side in the 3rd quarter with Emily Drohan and Lucie Robertshaw making space and creating chances.



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Ellie McCarthy was excellent as centre and controlled the game for the St Kath's side. Despite the score line the St Kath's side certainly matched the Gordano players in the second half and showed great potential for their next game. Player of the match was voted as Ellie McCarthy.



Year 11: St Kath's 13 Gordano 30

Having had a fantastic battle last year, this game was never going to disappoint in terms of the quality and pace of play. Both sides played some expansive netball, using the width of the court to stretch players and create space. It's not usual for the St Kath's side to be matched with height, but the Gordano side towered over some of the St Kath's girls and made play difficult. Lexie Fitzgerald worked hard in the centre of the court and creating space with her positional play, whilst Megan Griffiths and Faith Clarke both worked hard within the centre third to support both attack and defence. Abbie Mogg played well as GS and kept the St Kath's girls in the game within the 1st 2 quarters. Lauren Dun used her height well against an even taller opponent and when given the shooting chances, has no trouble putting them away, and was supported well by Hannah Chapman in the 3rd quarter as GS. Bo Marshall was flexible playing a number of positions marking the strength of Gordano side. Despite all of their hard work, the majority of the play was in the Gordano attacking third, which kept Leesha Coleman and Georgia Bennett particularly busy. Leesha made a number of key interceptions whilst Georgia disrupted play well and made it difficult for the Gordano side to string together a series of passes. Despite the final score, it was a really close battle and player of the match was voted as Bo Marshall.



Year 8 and 9 Hockey Fixture vs Gordano

Year 8: Gordano 4 St Kath's 0

Jolie Breakwell, Maya Mathews, Issy Prime, Millie McLoughlin, Iso Taylor (Capt.), Molly Green and Hetty Cleaver were the Y8 girls selected to represent the school in the fixture against Gordano. Hetty, stepped up to the mark against a strong Gordano team by playing in goal for the very first time. She made several outstanding saves and had a fantastic debut performance. Player of the match was Iso, who led from the front as captain. The St Kath's team displayed better teamwork. The four goal deficit was largely due to the expert individualism displayed by one of the Gordano School pupils. It was very rewarding to watch the St Kath's team play as a unit in attack and defence, not relying in one individual to run the show.

Year 8/9: Gordano 4 St Kath's 0

The combined team of Hetty Cleaver, Chloe Weaden, Daisy Money, Molly Jackson, Niamh Gaynor, Amelie Purvis, Lara Roper, Jamie-Leigh Bell, Chantelle Hawkes, Grace Newby and Ella Leaky played some dominant hockey against another strong Gordano side, that featured a very strong club player. Once again it was Gordano who displayed the better teamwork. Individually, Hetty, was superb again, playing fearlessly in goal. She was ably supported by Chloe, who was pivotal at the back, with strong defensive play. In midfield, not only was Molly strong when defending and moved the ball wide, when St Kath's had possession, she also fulfilled the role of captain superbly. Niamh and Grace both moved with purpose on the flanks, creating space and the opportunity for Chantelle and Molly to make really attacking passes. The midfield was supported by Amelie who was strong on the ball and marked well when defending. It was Chantelle who was voted player of the match for her determination and creative distribution as one of the central players. Although losing this fixture, there were many individual performances worthy of mention, but more importantly the team effort and will to battle for each other was very rewarding to witness.

Year 7: Gordano 1 St Kath's 0

Even though the year 7's had only had a couple of training sessions they were eager to get out on the pitch for their first game.

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Due to them only playing previously in the sports hall, they initially struggled with spreading out and using all the space on offer on the astro. There was a lot of crowding the ball but both teams appeared to be quite evenly matched. Jamie Packham and Renae Rush worked fantastically in the middle to try and push the ball up with Helena Mills supporting from the back to ensure it stayed in St Kath's possession. Play continued to go back and forth but unfortunately just before the half time whistle Gordano managed to score. St Kath's continued to fight back with excellent play from Megan Hart-Jones and Scarlett Newby.

In the second half Jemima German, Poppy Baldwin- Brooks and Lillie-Mai Hawker took on board the feedback from throughout the first half and began to use the space much better by spreading out and pushing the ball out to the sides. This gave more room for them to be able to run up with the ball and both Daisy Wilkinson and Daisy Medder took every opportunity to get it in the goal but couldn't break through Gordano's quick defence.

Charlie Mobbs also worked hard upfront around the goal but the game finished 1-0 to Gordano. It was a great start to their hockey season, with plenty to learn from and improve on next time. Scarlett Newby was voted player of the match.

## AVON SCHOOLS SPORTSHALL C'SHIPS

### Athletes from SK compete at Avon Schools Indoor trials

On Saturday 27 January a number of students from St Katherine's attended Avon Schools Indoor Athletics Championships which is a trial by invite only to select teams of individual athletes to compete at the regional finals in Torquay later in the month. Students from state and independent schools across North Somerset, Bristol, South Gloucestershire and BANES trialed and our students showed bags of character and bucket loads of talent.



Gabriel ANTOLIC-FURLONG, Kanye CHRISTIE, Megan HART-JONES, Josh MOORE, Will STRATTON, Isobel TAYLOR



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It was great to watch students from St Katherine's mixing it with some of the very best athletes from the area and do so well. Our students did superbly considering that the age group competitions are banded to U13 and U15.

A special mention to Kanye Christie in year 7 who made the final of the 2 lap sprint only to eventually lose to a phenomenally talented athlete from St Mary Redcliffe who took the title with an unbelievable time that beat the old Championship Record by 2 tenths of a second. The winner was in year 8 and some way clear of the rest of the field but Kanye finished in contention for the minor places. Kanye did however manage to take gold in the triple jump though with a PB of 6 metres and 29 centimetres – the best distance of any year 7 or 8 boy!

Well done to all of the boys and girls who arrived to compete on their weekends – it was lovely to see so many St Katherine's students amongst the athletes.

Well done.

Mr Cook

## COUNTY SPORTSHALL ATHLETICS FINALS

### SK take more than 30 leaders & competitors to county athletics finals

On Monday 29 January St Katherine's took more than 30 students to the County Sportshall Athletics Finals. There hasn't been a year where I have worked at St Katherine's and not taken year 10 leaders to help run the County Finals but this is the first year that I can recall where we have a team to compete as well. As if 1 team of competitors wasn't enough both year 7 girls and boys teams qualified to represent North Somerset which meant that you couldn't escape St Katherine's students at this School Games event!



*Competitors: Gabriel ANTOLIC-FURLONG, Poppy BALDWIN-BROOKS, Melissa BARTLETT, Ryan BUNDY, Kanye CHRISTIE, Jemima GERMAN, Megan HART- JONES, Josh MOORE, Kenneth NEWBURY, Scarlett NEWBY, Jamie PACKHAM, Charley SONGER, Will STRATTON, Waide WATSON, Daisy WILKINSON*

*Leaders: Will CONROY, Ethan EGGLESTON, Aaron EMERY, Callum EMERY, Ashya GRAY, Lauren HOOPER, Kaie LAWRENCE, Sharmarka MATTAN, Felix MCGOVERN, Reece PALMER, Corey PARKHOUSE, Jazzy PITHER, Lucie ROBERTSHAW, Niamh SCANLAN, Eli SMITH, Ruby WEBBER, Henry WELCH, Logan WEST*

Mr Thomas took our leaders to the event first thing in the morning so that they could lead at the primary school finals before the secondary finals took place in the afternoon. Arrival at the primary finals is always a bit of a baptism of fire as leaders are really thrown in at the deep end. The students quickly settled into their jobs which included explaining and demonstrating their events, measuring and recording results and coaching the competitors so that they could try to produce their best performances when it mattered most. The demands placed on the leaders are really high as the students are all desperate to do their best and are being encouraged all of the way by their accompanying teachers. The atmosphere is fantastic but really puts all of the skills and qualities of our leaders to the test.

We're really proud of the way that our students all seem to take to their leadership so naturally and there really is a tradition of fantastic young leaders coming from St Katherine's. Many of these students have volunteered a lot of their own time this year to support primary & secondary events and have always received glowing reports. They might not realise it but the work that this group of students really paves the way for younger leaders lower down the school. They are so many brilliant role models for our younger students and this group of year 10 students certainly fit that bill!

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Henry demonstrating in front of a crowd!



Our leaders soaking up the atmosphere



Ruby and Ashya taking control of the long jump



Ethan and Will on the scoreboard



Ruby and Lucie enjoying themselves

Having two teams of competitors qualify for the final was a fantastic achievement but really caused some headaches as we had run out of teachers who were able to take the students. Fortunately for them and for us, Mr Excell kindly gave up his Monday afternoon so that our competitors could go to the event. I think it was fair to say that there were some nerves amongst the group; after all they were competing to be crowned the best school in what is the old county of Avon (North Somerset, BANES, Bristol and South Gloucestershire).

The girls got off to a brilliant start in the relay when Poppy, Melissa, Megan and Jamie crossed the line in third position but the strength of the competition soon told and St Katherine's found themselves outside of the medal positions. Best performance on the track went to Melissa and Jamie who teamed up for the 8 lap paarlauf and finished in second position. The competition was strong and although the girls performed well in the field, they couldn't match their points tally from the track. At the end of the competition the girls finished in a very respectable 7th position and should be really proud that they progressed so far in a very difficult competition.

The boys matched the start of the girls finishing second in the obstacle relay with Ryan, Gabe, Kenny and Josh claiming the silver medal. With the first race out of the way the boys set about accumulating points on the track. Top performances came from Kanye Christie who finished third in his 4 lap A race and Ryan Bundy who finished first in his 4 lap B race. The boys real strength lies in the field and this is where they made up the bulk of their points. Charley Songer won the speed bounce A competition while Ryan Bundy won the B competition – both boys have bounced better but neither was worried about that on the day. Kanye took silver in the long jump with a below par 2.08 while Waide won the B competition with a jump of 1.90 – again both boys could jump further but neither was too worried! Kanye made up for his long jump in the triple with a huge personal best jump of 6 metres and 42 centimetres which earned him gold while Will Stratton found a monstrous 5.52 to claim second in the B competition. The real drama came in the final relay which saw Kanye claw his way back to second through sheer determination in the final leg and boy was it important!

With all of the results in the boys knew that they were likely to be in contention for a medal but not one of them had any idea that they were about to be announced as winners by just 2 points from Downend School and 3 points from Ashton Park.





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What a fantastic achievement – the best year 7 boys sportshall athletics team in Avon!

Congratulations to all of our students – leaders and competitors and a special mention to our year 7 boys – a really impressive achievement from a great team. There was not one single performance or performer that dominated the competition but just consistent earning across the group with all of the boys adding their weight to the cause.

Thank you to everyone involved; competitors, leaders and Mr Excell!

The PE Faculty

## 10 & 11 BOYS BASKETBALL V GORDANO

**Boys equal highest points tally of season & produce some top play**

On Tuesday 30 January the U16 boys basketball team travelled to Gordano School aiming to put some of their best basketball out on court to finish the month.



*Samatar ELMI, Ashya GRAY, Sharmarka MATTAN, Zakaria MOHAMOOD, Dexter MOTT, Reece PALMER, Matthew PARSONS, Caolán PEARCE, Louis STRATTON, Nabil WARSAME, Hao Hao ZHANG*

Quarter 1 | SK 12 v 5 NS

The starting 5 were eager to get proceedings underway and to put some of their training into practice. This group of boys have been really committed to their basketball since the start of the year and have been attending late practices well after the end of the school day in order to get some quality practice time on court. In recent weeks we have looked a lot at basic motion offence and so the boys were hoping that their good habits translated from the practice court to game day. The boys found themselves up by 7 at the end of the first period with 4 out of the 5 getting themselves on the scoreboard. Sam Elmi and Reece Palmer top scored with 4 points each but it was the defensive work of the red vests that were

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telling. In total there were an impressive 8 steals in the first period of the game and each steal was converted into a basket scoring opportunity – at quarter time I was pleased that they looked after the ball and made sure to make each possession count.

Quarter 2 | SK 27 v 15 NS (SK 15 v 10 NS)

The second period was the most lucrative of the game for the guest team and began with captain Caolán Pearce going through a 2 minute spell where he was in the thick of the action. It has become something of a trademark for Caolán to go on these scoring sprees and they are brilliant to watch. It's almost as if all you need to do is give him the ball and he will do the rest when he's enjoying one of those purple patches – Zhang, Warsame and Mattan all did exactly that assisting him to the basket as Caolán dropped in 7 points in just a couple of minutes with 1 three point play. Space was opening up all over the floor and that played right into Zak's hands as he helped himself to an easy 2 point jump shot unopposed. Zhang and Mott also found that they had the space to drive to the bucket and drew contact in the process each making 1 of their 2 free throws; Mott with the more unconventional technique from the stripe. Louis Stratton has worked really hard in recent weeks on his ability to move the ball quickly and was enjoying a great game handling the ball. Louis was great at directing the traffic at the top of the key and managed to get on the drive a couple of times to help himself to 4 points. With SK having a 12 point lead it was time to give the boys something else to think about.



Caolán enjoying his point scoring streak



Zhang getting the ball for his free throw



Dexter's unconventional technique

Quarter 3 | SK 42 v 24 NS (SK 15 v 9 NS)

At half time we spoke briefly about exploring some of the different options for point scoring on court as the vast majority of their points up to this point had come from lay-ups. This was really pleasing because we have spent a lot of time looking at 5 out motion offence and the boys have really mastered the ability to pass and cut to the basket and have developed some really positive habits on court in possession of the ball. With Nabil Warsame on court it was little surprise that he was the first player to shoot for 3 after being told that we should try scoring points from outside the restricted area. Typical that Nabil should sink his first effort and waste no time signalling to the bench! In the third period of the match the boys were conflicted with the ball and often caught in two minds with no organisation and no understanding of what each other was trying to do with the ball. Right back when this group of boys first started playing basketball they played without any structure and offensive organisation at all but a number of months later and the boys found themselves struggling to cope without offensive structure. Sure enough they reverted to type and began passing and cutting to the basket. Elmi, Gray, Parsons, Mattan and Mohamood assisted players while Reece Palmer seemed to make it his mission to rebound the ball at both ends of the court!

Quarter 4 | SK 44 v 31 NS (SK 2 v 7 NS)

At three quarter time I removed the lay-up option from the boys almost completely and said that they were only allowed to lay the ball up if they had a clear path to basket on a fast break. This really stifled the performance on court and the point



Ashya on the move



Nabil enjoying his 3 point effort



Samatar up for the block



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scoring almost completely ground to a halt. If you ever needed evidence that offence and defense work in tandem then this period was it. The boys couldn't score any points and began to look tired and sluggish on defence conceding more points than they would have liked. At the start of the period it looked as though they could be in for their biggest points haul to date but with the added condition they had to settle for a customary 44!

We have already squeezed in 1 training session since this match and worked on adding another offensive option to their play which they worked really hard on in practice so I am really looking forward to seeing them put this into action during their next match. I am really enjoying working with this bright, enthusiastic and committed group of players am really grateful to the boys for finding the time to train – even when it is well after normal school hours!

Mr Cook

## 8 GIRLS SCHOOL GAMES NETBALL

### Year 8 side battle hard against the best in the West

Having qualified as winners of the North Somerset tournament and having won the quarter-final match against Norton Hill, the year eight St Kath's team travelled to the University of the West of England to compete in the WESPORT area games. Within this competition with the four best teams from Bristol, North Somerset, South Glos and Bath and North East Somerset. Having reached the finals was an amazing achievement, but the girls were keen to impress.



Frustratingly the girls are drawn against Clevedon, another North Somerset side in the first of the semi-final games. Having lost to Clevedon in the fixtures but then beaten them in the North Somerset tournament, both teams were keen to get off to a good start. Unfortunately it was Clevedon that started stronger, taking an early lead and slightly overwhelming the St Kath's team. Asha Storer made some great interceptions but it wasn't enough to keep the accurate shooting of Clevedon out, going in to half time with a strong lead.



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In the second half St Kath's played a much more even game and matched Clevedon goal for goal. Chloe Weaden and Sophie Weaden were excellent in the circle and well supported by Daisy Money and Isobel Taylor in the attacking third. With the game much closer, Lauren Clifford became much more confident as GK and made some key interceptions to keep Clevedon at bay. Unfortunately despite matching Clevedon in the final 3 quarters, the lead Clevedon established in the first quarter was too much to overcome. The final score was 19 - 12.

Having lost their semi-final they were then drawn against Mangotsfield in the third/fourth position play-off. Both teams were tired having played a high energy semi-final just 10 minutes previously, therefore the game was a much more slow-paced match and both sides made more interceptions. The St Kath's side started well and took a one goal lead; however the Mangotsfield girls quickly responded and went ahead 4 - 1 in the first quarter.



Asha Storer was immense in defence supported well by Lauren Clifford. The game was much more even, allowing both sides more shooting opportunities however the Mangotsfield defence were excellent in keeping out Sophie and Chloe to limit the St Kath's chances, whilst Jess Stanley found much more space and possession. Isobel Taylor worked tremendously hard against a tough opponent and was rewarded with plenty of interceptions and possession; however it was Asha Storer who dominated the game in the St Kath's defence. Unfortunately Mangotsfield's initial lead was never overcome and SK were defeated in this particular game. The girls went home still in high spirits with the knowledge that they had done amazingly well to reach this high standard of competition and still remain North Somerset champions for the year.

Miss Ball

## U19 BOYS FOOTBALL V CHEW VALLEY

### First XI overturn deficit to secure Somerset Cup semi-final place

On Wednesday 31 January our U19 boys football team hosted Chew Valley School for the quarter finals of the Somerset Cup. Recent weather meant that the pitch had been in quarantine ever since the year 11 cup football match and so the deck wasn't in bad condition at all. Having played some superb football during the first half of the previous round match against Nailsea, the boys were looking to reproduce that quality early on in this contest. Personnel remained largely unchanged however Louis Boyce missed out through injury and the boys were boosted by the return of defenders Danny Conway and Tom Green.

*Danny CONWAY, Tom GREEN, Angus MASON, Lewis MASON, Patrick MCGOVERN, Lowell MOTT, Ben PAINES, Kieron PARKHOUSE, Daniel PARSLOW, Mason SMART, Finley SMITH, Jay SPICER, Robbie WARDEN, Daniel YOUNG*

It was St Katherine's who enjoyed an early half chance when captain Angus Mason worked a shooting opportunity after full back Conway found the feet of Parslow from a throw in. Despite working the first opportunity of the game, St Katherine's found themselves a goal down just seconds later. The boys failed to deal with the first and second balls from the goal kick that came from Angus' snapshot and the ball found its way to the feet of a wide right Chew player who put across an excellent cross that was headed home. The senior leaders in the group rallied the troops and set about getting back into the cup tie.

After the early goal the exchanges were cagey and neither side was able to enjoy any lengthy time on the ball. The first time that SK did manage to get the ball under control they worked it really neatly through a congested midfield which allowed Jay Spicer to unleash a long shot drawing an excellent save from the goalkeeper. The shot earned the boys a corner which they took short on the first occasion which only earned them another corner kick. At the second attempt the Chew boys failed to clear the ball and it fell at the feet of full back Conway who turned in the loose ball to level up the game. The equalising goal settled the nerves a little and St Kath's began to find their footballing feet in the game. Dan Parslow enjoyed the fruits of his team's footballing labour after some neat interplay between Angus and Jay resulting in a shooting opportunity which forced another good save from the goalkeeper.



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The boys almost looked like going a goal ahead when a long kick from goalkeeper Mason was won in the air and flicked on to Dan Parslow who squared the ball for the onrushing Paines. The ball just narrowly beat Ben across the goal before he could get his foot to it. Captain Angus Mason was growing in to the game all the time and it was his clever touches that were starting to cause the Chew players problems. Angus was nipping the ball away quickly from the pending tackle and drawing the foul from the lunging players well. Chances were presenting themselves for the home side but they were unable to find any clinical final touches when the opportunity arose. St Kath's were not only starting to look better going forward but the boys had really tightened up at the back and were finding themselves in the right place at the right time.

Chew Valley were starting to grow in frustration as SK began to get a stronger foothold in the match. The frustration started to show and the reds won a few free kicks. Five minutes before half time Mason Smart was fouled outside the penalty area on the right flank which gave Dan an opportunity to put a ball into the box unopposed. Dan had struggled with his delivery up to this point and still would have been a little disappointed with this low free kick. Angus reacted first and flicked the ball on to Finley Smith who had the ball in the back of the net but was adjudged to have been offside. Replays showed the Finley was desperately unlucky not have been awarded his goal! Nonetheless the boys took their growing dominance as a positive and looked hungry for victory. With minutes to play until half time the boys weren't prepared to rest on their laurels and continued to look to go ahead as Dan Parslow took the ball superbly into his feet and turned to go at the exposed defenders. Dan drew a great block from the Chew defender which forced another corner – this time it was Mason Smart who was on hand to put the ball away after their opponents failed to clear a second set piece.

St Kath's were up two goals to one at half time and a spot in the semi-final was still all to play for.



Chew Valley started the second half determined to get back into the game but it was SK who had the possession and the run of the football. Dan Parslow wasted no time getting in to the game beating the full back with a clever nutmeg before going on the outside and putting the ball across the box. Despite starting well SK conceded another early goal when they failed to clear a long ball which landed at the feet of a Chew player. The player carried the ball down the right hand side before crossing. Lewis couldn't gather the cross cleanly and unfortunately the loose ball fell to green feet and was turned in after 4 minutes and 37 seconds of second half play. The reds picked themselves up quickly and wasted no time at all getting back into the game going back in front almost instantly! Dan Parslow kicked the game off with 5 minutes and 1 second played in the half and found the feet of Angus Mason who ran with intent into the Chew half. When he needed a pass who should be there but midfield counterpart Jay Spicer who offered and moved the ball wider to Mason Smart who beat his full back on the outside. Angus continued his run well and picked up Masons cross just inside the penalty area before firing home emphatically just 15 seconds after kicking off to put his team back into the lead! These are two of our best sporting year groups so little surprise they found another gear when they needed to – this lot have developed a habit of producing the goods when the pressure is on!

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The more technical footballers in the red team were really starting to enjoy their outing as their opponents started to chase the game. Mason beat his opposite number on several occasions down the right hand side with some help from Dan Parslow and it seemed the only way he could be stopped was to be fouled. Angus and Jay were really well established in the game at this point and looked in consummate control. Chances came but were squandered during this period of the game although SK were quite happy to be playing the game with the ball and in the Chew half.

Kieron Parkhouse wasted no time getting back into the swing of things having been out for a long time through injury. His first involvement in the game was to go on a lung busting box to box run to whip the ball across the face of goal only for Jay Spicer to fall short of the delivery by a matter of inches. It was great to see Kieron back playing football again and enjoying every minute of his return!

Surprisingly the game went a little flat during the middle period of the second half which played in to the home team's hands as they were quite happy with the score line. During this period neither team really worked any clear goal scoring opportunities or enjoyed any lengthy spells of possession. The ball just seemed the change teams in the middle third of the pitch. With nothing seemingly happening in the game a set piece provided Jay Spicer with a well-deserved goal. Tom Green delivered the ball which was flicked on by Dan Parslow to Jay Spicer who looked to be in an offside position however the flag stayed down and the goal counted – swings and roundabouts!

Neither year group; 12s nor 13s have enjoyed particular cup success over the years – year 12 in particular perfecting a habit of first round exits. For that reason and because they are a really nice group of boys it was great to see them take victory 4-2 and earn themselves a semi-final draw away against Beechen Cliff. There are a couple of friendly fixtures to be played in the build up to the next round which will give the boys some great preparation for the game. This was a thoroughly deserved victory and a really good team performance with man of the match eventually being awarded to Jay Spicer for his composure and quality on the ball.

Congratulations gentlemen.

Mr Cook

## U13 GIRLS INDOOR CRICKET

### Double victory secures St Kath's place in next round

For most of the team, they had played in both the indoor and outdoor competition last year within the same age category. Now, older, stronger and more experienced, the girls travelled to Gordano School to play the hosts and Fairlands school, from Cheddar in a three way round robin.

St Kath's 88-6 Gordano 80-5

Losing the toss in their first game, the girls faced Gordano. Leah Porter and Daisy Money opened the batting and were quickly removed by some excellent bowling by their opening bowler. Isobel Taylor joined Chloe Weaden at the crease and they managed to begin to make runs, taking chances and using the side walls effectively. The fielding by Gordano was tight and they took a number of good catches to dismiss the St Kath's batting. Unfortunately for Gordano their bowling was rather wayward and they conceded a number of runs to the St Kath's side.

Isobel Taylor opened the bowling and immediately made an impact removing the Gordano opening batter through a great catch off the wall by wicket keeper Ella Leakey. In contrast to the Gordano bowling, the St Kath's bowling was straight and they only gave away the occasional wide. Jamie Leigh Bell and





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Niamh Gaynor worked hard stopping some great shots from hitting the wall, whilst Leah Porter had an impressive stumps shot to run out a Gordano batter. The game came down to the last over, but Chloe Weaden held her nerve and bowled an excellent final over to secure the St Kath's victory.

St Kath's 116-4 Fairlands 90-8

Buoyed from their first victory, the St Kath's side opened the batting against Fairlands with both Isobel Taylor and Daisy Money making some great shots, including boundaries, both being retiring at 15 each. Next in was Sophie Weaden who was joined by Chloe. Using excellent communication, their running between the wickets was excellent and they were beginning to amount a huge total.

When Fairlands began to bat, it looked like the game would be a walkover for the St Kath's side, Ella Leakey made a number of fantastic catches, however the lower end of their batting order began to score runs and they challenged the huge score that the St Kath's girls put on. However the total was too high to reach and St Kath's were victorious for a second time.

They now proceed onto the next round of games.



## 7 BOYS FOOTBALL V SIDCOT

**Boys get season off to barnstorming start with impressive friendly performance**

On Thursday 1 February the year 7 boys headed up to the top field after the bell in anticipation of their first school football fixture. 26 different boys have already attended football practice this year across the 3 sessions that we have had and a good number of those have been regular attendees. 16 of those regular boys were selected for the first 9-a-side friendly game which was captained by Mac Marshall. There are so many boys with bags of football experience and fantastic leadership skills in year 7 that it is only fair that they all get a chance to captain the team. Mac did a superb job as captain for game 1 and was meticulously organised in ensuring that everyone knew about the game.



Gabriel ANTOLIC-FURLONG, Ryan BUNDY, Euan CAUL-PATERSON, Kanye CHRISTIE, Seth COOK, Jake DRYSDALE, Charlie EVANS, William KING, Mac MARSHALL (c), Adil MOHAMOOD, Josh MOORE, Rufus SHEPPARD, George SKEATES, Taygan SMITH, Charley SONGER, Will STRATTON

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Ledley King holds the record for the fastest ever Premier League goal netting after just 10 seconds of play but Josh Moore wasn't far behind him for St Katherine's after he latched on to a through ball from Charley Songer and finished clinically after just 18 seconds of play! Josh may have enjoyed the perfect start to his school footballing career but his team mates weren't slow to join in the fun either. SK were all over their opponents in the first 10 minutes of the match as goalkeeper Gabe Antolic-Furlong watched from afar as the ball spent all of this time in the opposition half. A minute and 42 seconds later Josh Moore found himself in front of goal once more but this time somehow managed to miss the target to his own amazement! The early red attacks came down the right hand side and through footballing talent Ryan Bundy. Ryan beat his man on the outside several times in the opening minutes and on one run shifted the ball quickly on to his preferred right foot to fire into the side of the net making the score 2-0.

With one goal and one miss to his name Josh's defining moment came after 5 minutes when he made a near post run and beat his defender to a cross. Josh guided the ball passed the goalkeeper and into the back of the net to put his team 3 to the good. Watching from the side Mason and I had to draw breath as the goals just kept coming. Gabe, Jake, Euan and Kanye barely had anything to do meanwhile the midfield of Bundy, King, Moore and Marshall loved every minute of all of the possession and territory they had. All four boys were really assured in possession and really demonstrated their passing range and vision with the ball at their feet. The goal scoring didn't show any signs of slowing and next on the sheet was George Skeates after 10 minutes; George buried the ball low after some neat footwork and rounded off an excellent move. Since starting football at school George has really shown himself to be a clever footballer who is a real attacking asset – the sort of player who you can't help but enjoy watching play!

Early changes saw Charlie Evans and Seth Cook enter the game both of whom made an impact in defence. Seth has a natural instinct to go and close down and win the ball in the tackle and combined with Jake's defensive experience and Charlie's quality on the ball these three boys complemented each other superbly at the back. Ryan Bundy and Mac Marshall were really starting to both have significant influences on the game and with Ryan playing centrally this gave the boys absolute dominance. The boys scored 4 more goals before half time; Ryan set Josh up to complete his first half hatrick, Mac put the ball on a plate for George to get a brace, Josh manufactured himself a fourth after a mazy, busy run through the middle and George latched on to a corner to complete a first half hatrick of his own. Ryan, Josh and George might have been busy putting the ball in the net but Mac was more often than not responsible for starting the move off. Mac almost had a goal of his own just 4 minutes before the break when he unleashed a thunderbolt that struck the crossbar and bounced behind for a goal kick.



In the second half Rufus Sheppard occupied the middle of midfield well and really held his shape finding himself in the thick of the action on a lot of occasions. Taygan replaced Jake and with big shoes to fill Taygan put in a brilliant second half defensive display. He was strong in the tackle, read the game excellently and made one outstanding covering tackle to snuff out a Sidcot attack. Will Stratton also really settled into the game during the second half and made a real impact up front and then in midfield. Will used his pace and strength to great effect and made himself a real handful with the ball. Adil also played the whole of the second half of the match and made things happen when he had the ball at his feet.

The boys on the side at the start of the second half were given clear instructions for when they went back out on to the pitch and that was to keep possession and to trust everyone with the ball if they are offering for you. More possession focused, the boys started to use goal keeper Gabe AF who is more than capable with the ball at his feet and can easily play out. The home team started to use more of the pitch and really work the Sidcot defenders who it had to be said had really grown into the match. In the second half they started to make life very difficult for the boys and on several occasions asked some questions that the reds couldn't answer. Four more goals came during the second half; first from Kanye Christie who had moved out on to the wing, secondly from Charley Songer who was left with too much time and space at the back post and made the opposition pay, thirdly from Ryan Bundy who finished a long ball from Will King who hit a diagonal ball from the full back position and finally from Charley again who followed up a long shot from Ryan that the Sidcot goalkeeper could only parry.



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As the second half wore on the boys lost a lot of their shape as individuals went in search of the ball when they wouldn't normally and for that reason they weren't quite able to sustain the quality of their football all the way through the game. That said there wasn't much you could criticise them for in this first performance! Man of the match was a tricky decision with so many players showing what they are all about but the award went to Mac Marshall for leading by example with the ball at his feet.

Special thanks to several older students who helped out on the day Danny CONWAY and Matthew CRUTCHLEY for running the line and warming boys up, George HARRIS and Caolán PEARCE for refereeing, Bo MARSHALL for taking more brilliant photographs and Mason SMART for warming boys up and looking after the team. I am really grateful to you all for your help; as always!

Well done everyone.

Mr Cook

## U14 BOYS FOOTBALL V KOW

**A below par 8 & 9 boys team knocked out of the cup by strong KoW side**

On Monday 5 February the U14 boys travelled down to Cheddar in Somerset to contest their rearranged third round cup football fixture against Kings of Wessex. The boys were forced to wait a while longer when the tie was initially postponed due to a deluge of rain but despite the delay they boarded the bus determined to secure themselves a quarter final place. So desperate were they to play the game that they were insistent about getting off of the minibus a good 30 minutes before the scheduled kick off time.

*Isaac ADEBO, Max ANDREWS, Ben BOHIN, Tyrese BRACEY, Louie DUN, Brandon GEATER, Nana GYIMAH-SARPONG, Finley KING, Leeban MAHAMUD, Charlie MEDDER, Jazper PEACEY, Toby RICE, Ollie STRATTON, George TURNER*

About 10 minutes after getting off of the bus the boys were starting to regret their decision as the temperature was down near freezing. The only upside was that sun was shining and it wasn't raining! Perhaps rather more sensibly, the Kings of Wessex boys came out of the changing rooms just a few minutes before kick-off and wasted no time chilling down! The first few seconds of the game quite literally saw SK frozen to their spots on the pitch as they stood off players and allowed KoW to find their feet in the game. The home side wasted absolutely no time at all getting started and began to play some very physical but also very skilful football. After two minutes SK were behind, albeit to an unfortunate goal that hit both posts before spinning across the line. For the first 10 minutes of the game SK never got to grips defensively and their reluctance to close down their opponents or attack the loose ball ultimately cost them 3 first half goals. KoW were good for their lead mind you and their second goal in particular was an emphatic finish that left goalkeeper Toby Rice with absolutely no chance at all.



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SK were three down inside 10 minutes but not without chances of their own. The first time in the match that the reds actually put their foot on the ball George Turner hit a lovely through ball which presented Tyrese Bracey with an opportunity in front of goal which drew a strong and well timed covering tackle. Shortly after, Louie Dun was on set piece duty and delivered an inviting ball into the front post area. Once again Bracey was first to react but was only able to steer the ball wide rather than toward the target. Slowly they found their feet in the football match and were spurred on by Toby making an excellent save after 20 minutes to keep the deficit down to three. Despite improving, the SK boys were still well below par and very few of them had defrosted by half time! To give some context to the first part of the half – I think Toby probably covered more ground by fetching the ball from behind his goal than a good number of the outfield players did once it was back in play!

At half time I was ready to give the boys a bit of a rocket but it quite quickly became clear that a lot of the boys who had put in uncharacteristic performances had given everything they had in the first half and just weren't well! Brandon Geater travelled but was unable to play at all due to illness, Jazper Peacey had been off school all of the previous week with the flu and was still not himself and captain Louie Dun had a hacking cough that was making it near impossible for him to get into the game at all. These weren't the only boys who were struggling as a good few others had something about them too!

In the second half the KoW boys started to take the chances they had created but not finished in the first half and it was backs to wall for the SK side as they battled to compete in the game. They didn't help themselves much either as the first two second half goals were gifted to the opposition after the boys failed to clear the ball on numerous occasions! In all honestly it was a real onslaught in the second half as the Kings of Wessex boys grew stronger and stronger in the game and were fully deserving of their comfortable 10-0 victory.

Although most of the second half was Kings of Wessex goals there were some positives for SK! Max Andrews and Tyrese Bracey were a constant threat in attack. Tyrese drew some superb defensive tackles and also 1 outstanding save from the KoW goalkeeper. His pace also could have earned him a penalty after he was on the end of a really badly mistimed tackle – it just sort of summed our day up when the decision didn't go his way, not that it would have altered the course of the game much! Charlie Medder added some ball winning tenacity at full back and also composure once he had dispossessed his opponent. By far the best two players on the pitch were centre backs Nana Gyimah-Sarpong and Leeban Mahamud – both boys were responsible for keeping the Kings of Wessex scoring rate as low as possible because it really could have been a lot worse! Nana showed great athleticism and reading of the game while his defensive partner intervened brilliantly on more than one occasion which earned him the man of the match award.



I don't believe in excuses and in any case we were beaten by a far better side on the day however I do think it is important that the boys remember the context that comes with this match. We entered a combination of year 8 & 9 boys into an U14 cup competition and reached the third round and had a number of boys who weren't at their best in terms of health on the day. Although disappointment is natural I would urge the boys to pick themselves back up quickly with the points above. They are a great group of boys who are getting better all the time.

Hard luck gentlemen.

Mr Cook



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## SKY SPORTS EPP PROJECT

### EPP group test their mettle by learning how to street surf

The last week of term 3 gave me the perfect opportunity to get our Sky Sports EPP group together for the second time for another workshop. This time I gave the group only limited information and told them that proper trainers were essential and that they might want to bring long sleeves and trousers. The group were intrigued and desperate to work out what they would be doing – guesses ranged from fencing to outdoor fitness! Neither were right and the group arrived to find out that they would be street surfing. Quite often able students like this lot don't get stuck too often and pick up new things really quickly. My intention was to get them stuck and to find out how good they were at getting themselves unstuck!



*Isaac ADEBO, Freya BARNETT, Louie DUN, Beth EDWARDS, Nana GYIMAH-SARPONG, Molly JACKSON, Maya MATTHEWS, Leah MILKINS, Jazper PEACEY, Leah PORTER, Amelie PURVIS, Ariel RUGMAN, Ollie STRATTON, Isobel TAYLOR, Chloe WEADEN, Sophie WEADEN*

Quite often when you are as able as this bunch then progress can be quite hard to see but in this session every single one of the group made significant, visible progress in a really short space of time. Once they had gotten over the trauma of putting on all of the safety gear they quickly lost their inhibitions and set about improving their street surfing. I gave the students a series of tasks and challenges increasing in difficulty and watched on in awe as students regularly got stuck and then unstuck at various points throughout the session. The determination to master the initially impossible and the help that the group gave each other to improve was brilliant.

- Getting on the board with the help of a partner
- Balancing on the board while it is moved by a partner
- Steering the board by tilting your front foot while it is moved by a partner
- Powering the board with motion of your back leg while supported by a partner
- Getting on the board unaided
- Balancing on the board unaided
- Generating motion on the board unaided
- Increasing the speed of motion on the board
- Increasing the accuracy of steering on the board

If you had come in at the start of the session you would have seen the majority of the group struggling to even get on the board with the help of a partner while after just over an hour all of the group were able to generate their own motion while a lot of them were absolutely flying on their own – some of them quite literally! There are loads of stories of individual progress, achievement and support but you can see all of this from the photographs below. More importantly there wasn't a single photo without a huge smile – job done!

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It was really enjoyable working with this group again – I can only describe the way they set about learning this new skill as a swarm of lovely locusts who ploughed their way through the tasks desperate to perfect the task they were on so that they could move on to the next. Whenever they saw someone struggling with a particular task they quickly jumped into action to help them master it.

Well done to everyone for their efforts and also for the way you helped each other. Special thanks also to Caolán Pearce and Louis Stratton who gave up their time to lend a hand.

I am really looking forward to continuing to work with this fabulous bunch in terms 4, 5 and 6!

Mr Cook

## 11 BOYS FOOTBALL TOURNAMENT

### Final year boys struggle to get to grips with 7-a-side format at NSETC

On Wednesday 7 February the year 11 boys travelled down the M5 to NSETC for a 7-a-side friendly tournament attended by Priory, Clevedon, Worle, NSETC and Churchill. In previous years the year 11 football tournament has never taken place due to the pressures of school work and exams so it was a real treat for the boys to be able to come out to try and enjoy their last taste of school tournament football!

*Matthew CRUTCHLEY, George HARRIS, Bailee HARRISON, Dexter MOTT, Caolán PEARCE, Edward POWELL, Matteo PRIME, Paul RICKARDS, Louis STRATTON, Kai WEST, Hao Hao ZHANG*





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We arrived at our destination a little early so decided to wait in the minibus rather than get out and contend with the cold and the boys were in good spirits on the bus. It seemed as though they were really looking forward to playing in the competition. Before we got going I reminded the boys, as I usually do, of a few important points; remember you're playing 7-a-side football, remember you're a sportsman and perhaps most importantly for year 11, enjoy your last football tournament!

The boys were drawn in a pool with Churchill and Worle and were up against Churchill in their first match and it quite quickly became apparent that they had completely forgotten that they were playing 7-a-side football. In some ways it was pleasing to see so many boys with so many 11-a-side habits but they just weren't going to get the job done in this format of the game. In possession at the back the boys looked to move the ball wide forgetting that there really isn't any width on a pitch that is longer than it is wide and we didn't have anybody who was prepared to come and collect the ball back to goal to work it through the midfield. By contrast Churchill were doing this superbly and were rewarded with a goal for their efforts.

SK started to wrestle their way into the game but it wasn't pretty to watch! The football was direct but when the ball did make it up to Kai he looked to have some quality that could cause the Churchill defenders problems. Unfortunately the boys continued to struggle to adapt to the different format and were all too quick to knock the ball too far in front of them, desperate to be able to use their pace. When the opportunity presented itself in front of goal they were too quick to release the shot forgetting that they were playing in far smaller goals and so their efforts from range just made the opposition goalkeeper look unbeatable. Kai was a real threat with the ball at his feet and was rewarded with two goals for his talents – first the equaliser and his second to take his team ahead. Both finishes were clinical and buried low into the corners of the goal. Unfortunately almost all of the boys had forgotten my first important point; a few had disappointingly forgotten my second and all of them seemed to have lost sight of my third!



Defeat against Churchill meant victory against Worle was needed in order to stand any hope of qualification but I found this game a really tough watch from the side line. The football was a small part of my frustrations as I didn't feel like the boys were doing themselves justice but by far the larger part of my frustrations were some of their attitudes. I have to be honest and say that I was embarrassed at some of the sportsmanship – which was so surprising with this group of players. As a result of the atmosphere you were hard pressed to find a boy who was actually enjoying themselves which completely goes against what sport in year 11 is all about! Needless to say that despite going a goal ahead thanks to Matty Crutchley, the boys wound up losing 3-1 to Worle and crashed out of the competition.

Matteo Prime scooped the man of the tournament award for getting so many things right when there was a lot that was going wrong! Matteo defended superbly throughout the tournament and found himself in the right place at the right time making a vital intervention.

I think it was fair to say that it was a challenging afternoon all round and we had little choice but to take all of the learning we could from the afternoon and channel it into the next competitive opportunity. Fortunately for the boys they had a friendly match the next day and I think I made it pretty clear that I was looking for a response - not in terms of football but in terms of respect, sportsmanship and team work. For me, the importance of those things will always far outweigh the result of any sporting contest not least because this team is full of strong characters who have demonstrated that they are first class sportsmen on so many occasions during their time at school.

I was really disappointed for the boys that the afternoon panned out the way it did but equally was determined to do everything I could to help them put all of those things right the following day!

Mr Cook

### GIRLS FIXTURES V CLEVEDON

#### Emphatic victory for St Kath's side in Year 11 netball

Year 11 Netball: St Kath's 21 - Clevedon 8

Having struggled for numbers earlier in the day, it was from the help of Emily Drohan from Year 10 that the side were able to field a full team. Clevedon are traditionally a very strong netballing school, but it was the St Kath's side that were straight off the mark, as Lexie Fitzgerald made an immediate interception off the Clevedon centre pass and Bo Marshal scoring within seconds. In fact the St Kath's side had the majority of the possession, and were clinical in their finishing in the circle. Abbie Mogg and Bo Marshall teamed up well and were well supported by Faith Clarke as WA. Both Abbie and Bo shared the goal scoring between them, rarely missing and rebounding well. In the defensive end, Emily Drohan worked hard to keep the Clevedon attack out, making some key interceptions. The Clevedon shooters were not given that many scoring opportunities, but when they did, they were accurate in their attempts, so it was vital that St Kath's defence kept them at bay. Georgia Bennett worked effectively both in defence and supporting the attack in the centre third. An all around excellent team performance.

Year 8 Hockey: St Kath's 0 - Clevedon 0

St Kath's travelled to local rivals Clevedon to compete in what turned out to be a very even contest. The Y8 girls followed a match plan in defence, remaining narrow and compact when Clevedon had the ball. In possession the defenders gained width, which helped to work the ball forward and keep possession. This led to the creation of several scoring opportunities. The main supply route was from Chloe Weaden at the back through Molly Green in midfield. Molly, in turn, played lovely line passes to either Sophie Weaden or Maya Mathews up front. The Y8 forwards were spurred on by the good service they were receiving from the team. Maya Mathews, Jamie-Leigh Bell and Sophie Weaden made many creative runs and their creative movement provided the opportunity to receive passes in the spaces that they had created. On the rare occasion of a Clevedon attack Hetty, playing in goal made solid saves, kicking the ball wide and away from any more attacking danger. This was a very solid, all-round team performance. Well done girls!

Year 7 Hockey: St Kath's 0 - Clevedon 3

St Kath's travelled to Clevedon for their 3rd hockey match of the year. Unfortunately, Clevedon caught them off guard early on and went 1-0 up very quickly. The year 7s reacted and Poppy Baldwin-Brooks and Helena Mills held a strong defense against a persistent Clevedon attack. Much improvement was seen in using the width of the pitch with Scarlett Newby working well to push the ball out to the sides and some excellent runs with the ball by Daisy Wilkinson and Lillie-Mai Hawker to give Renae Rush some scoring opportunities. Although working well as a team and Daisy Medder putting on the pressure with excellent ball control in the middle, Clevedon successfully scored their second and the third closely followed. The girls remained in good spirits and continued to push forwards but couldn't find the back of the goal on this occasion. A great first game for Layla Clark with a good performance from all the girls. Renae Rush was voted player of the match.

Year 9 Hockey: St Kath's 0 - Clevedon 2

With the help of some year 8 players the year 9's faced a well prepared Clevedon team. Clevedon came in very eager and quickly got their first goal from their second drive forward. Play was focused in St Kath's defensive half meaning Hetty in goal was continuously put under pressure, saving several attempts although Clevedon managed to get their second goal. The girls worked hard to win back possession and keep it to prevent any further goals.

In the second half St Kath's looked a lot more comfortable, finding the through passes and putting the pressure on Clevedon's defense. After some excellent work from Molly Jackson at the back she was able to work the ball forward with the help of Beth Edwards and Leah Milkins to give Molly Green a great shot on goal which was unfortunately saved by the keeper. The girls played fantastically overall and Amelie Purvis was voted player of the match.





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## HOUSE RESULTS JANUARY 2018

### Saturn pull 8 points clear after year 11 badminton competitions

Year 11 have been busy adding their contributions to the 2017/18 House Sport competition and have just finished their first competition on the badminton court. With table tennis and basketball still to come the updated house results can be seen below.

Current Standings		
Position	House	Points
1	Saturn	68
2	Mars	60
3	Jupiter	56
4	Mercury	53

*"Saturn go 8 points clear ahead of Spring House Sport Competitions"*

Previous Standings		
Position	House	Points
1	Saturn	60
2	Mars	54
3	Mercury	52
4	Jupiter	51

House		Year 7		Year 8		Year 9		Year 10		Year 11		Total	
		Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank
BOYS	Jupiter	11	1	6	2	10	1	7	1	2	3	36	1
	Mars	7	2	6	2	7	2	4	3	3	2	27	3
	Mercury	7	2	6	2	6	4	3	4	1	4	23	4
	Saturn	5	4	12	1	7	2	5	2	4	1	33	2
GIRLS	Jupiter	5	4	5	3	4	4	4	3	2	3	20	4
	Mars	11	1	5	3	8	2	6	1	3	2	33	2
	Mercury	9	2	12	1	7	3	1	4	1	4	30	3
	Saturn	6	3	8	2	11	1	6	1	4	1	35	1
OVERALL	Jupiter	16	2	11	3	14	3	11	1	4	3	56	3
	Mars	18	1	11	3	15	2	10	3	6	2	60	2
	Mercury	16	2	18	2	13	4	4	4	2	4	53	4
	Saturn	11	4	20	1	18	1	11	1	8	1	68	1

Month	Event	*
October	Cross Country (7-9)	✓
November	AUTUMN HOUSE SPORT: Boys Dodgeball and Girls Benchball (7-10)	✓
December	WINTER HOUSE SPORT: Boys Rugby and Girls Netball / Hockey (7-10)	✓
January	Badminton (11)	✓
	Table Tennis (11)	
February	Basketball (11)	
March	SK Ninja Warrior (10)	
April	SPRING HOUSE SPORT: Boys Football and Girls Netball / Hockey (7-10)	
June July	SUMMER HOUSE SPORT: Striking and Fielding (7-10)	
	SPORTS DAY Field Events (7-10)	
	SPORTS DAY Track Events (7-10)	
	SK Superstars (7-10)	

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## 7 & 8 GIRLS FOOTBALL TOURNAMENT

### Girls find best performance against strong Worle side

Two teams from year 7 and 8 travelled away to Hans Price for their 5 aside tournament.



The B team unfortunately had an injury to Ella Leaky in the first game, putting them at a disadvantage but they still battled on in their other games. Fantastic play throughout from Daisy Money, who played both outfield and in goal. The defense was held strong throughout by Holly McCarthy, Jamie-Leigh Bell and Jamie Packham. They just lacked the drive and support upfront meaning they did not manage to get any goals in their 3 games but all enjoyed the competition and worked great as a team.

The A team had several chances in the first game against Priory but could not find the back of the net as much as Leah Porter and Maya Matthews tried. Priory came close to beating the defense but the girls managed to hold a 0-0 draw.

St Kath's then met the home team Hans Price and the goals started coming in, after several attempts Maya finally got her first quickly followed by Sophie Weaden and then Leah finally followed making it 3-0.

The next game against Gordano was always going to be a tough one but St Kath's just kept on improving. Isobel Taylor worked her socks off in defense preventing several Gordano chances but unfortunately they sneaked one in. An abundance of chances for Maya and Leah again but it wasn't to be this time and the game ended 2-0.

They left their best performance to their last game and against the strongest team, Worle. The score line did not reflect the close competition as the girls battled hard but again could not get the ball in the back of the net after some great saves from the Worle keeper. Worle scored their first after some back and forth play, this continued until just before the final whistle when Worle received a penalty for a player being brought down in the area. Chloe did her best but could not block the path of the shot and the game finished 2-0.

Fantastic performance from all the girls on both teams throughout the tournament.



Well done ladies.

Miss Crack



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## 11 BOYS FOOTBALL V SIDCOT

### 16s bounce back from tournament woes with superb sporting response

On Thursday 8 February the year 11 boys had their first friendly football fixture of the season against Sidcot School. If you have read the previous match report from their tournament you'll know that they were heading into this game looking to show exactly why they are one of our best year groups in terms of sportsmanship and performance! Unfortunately for Sidcot, they were on the receiving end of a classic year 11 display from a group full of sportsmen who just love their sport! You can just tell from the faces in the photograph below that this is a group of boys who know they got it right!



*Brendan BENNETT, Matthew CRUTCHLEY, Shaigh GAYNOR, George HARRIS, Bailee HARRISON, Jacob LEBO, Dexter MOTT, Caolán PEARCE, Edward POWELL, Matteo PRIME, Paul RICKARDS, Louis STRATTON, Nabil WARSAME, Kai WEST, Hao Hao ZHANG*

The boys came into school the morning after their tournament suffering all of the effects that a hangover from a performance of that kind can have. They met me at the door to tutor in the morning by telling me that we wouldn't have a team for the game in the afternoon due to illness and absence – disaster! I told them that unless I heard different by break time then I'd cancel the game while inside I was desperate to play so that this lot could have the chance to get back on track – there's no way I wanted to finish the term on such a sour note! Thankfully Matteo came to see me at break time to tell me that we had a team – game on!

SK started brightly in the game with their 4-4-2 formation and enjoyed the early possession. They looked comfortable with the ball across the whole pitch; Matteo Prime had just picked up where he left off the day before and continued to show great quality on the ball so much so that Caolán decided to change the formation after the first 10 minutes and move Matteo into the middle of midfield in a 3-5-2 formation. Zhang and Dexter adapted instantly playing either side of Caolán and the trio at the back set about maintaining the defensive resolve that they had started the game with. Meanwhile further up the pitch Paul and Louis were both enjoying a lot of the ball early on and enjoying good success against the opposing full backs. Typically Matty was making it his business to cover all of the pitch and doing so with consummate ease and ultimate ball winning tenacity. Matty also had the quality to find the feet of Kai West on a few occasions early and Kai was proving himself to be the creative spark in the middle of the pitch. Sidcot defended well despite being under the pump and as much as SK had enjoyed possession and not looked threatened, they couldn't find that final ball or the decisive touch they needed to get a goal.

With just 8 minutes to play until half time the home sides dominance told and they netted on three occasions in a six minute period. Although a cruel blow for Sidcot, you couldn't argue that SK hadn't been dominant and deserving of a lead although perhaps not quite the one they had at half time. The first goal was finished by debutant Nabil Warsame who claimed that this was his first ever full 11-a-side football match and came from some excellent quality football. Sidcot lofted a ball looking to go over the top of centre back and captain Caolán Pearce who back pedalled quickly and rose into the air to win the header and direct the ball to the feet of his full back Dexter Mott. Mott then demonstrated outstanding composure to beat 1 player and clip the ball inside to the feet of Kai West who had drifted away from his man to pick the ball up in the midfield. As soon as the ball was at the feet of left back Mott, winger Stratton made a beeline for the corner with a great run in behind his full back. Kai hit the pass first time to Louis who carried it right to the by-line before squaring for Nabil to tap in on the line – a clinical passage of play.

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Caolán's football has come on leaps and bounds in this last year and he has developed into an excellent centre half. He has always had natural athleticism and a huge desire and ability to win the ball in the tackle but has more recently added so much more to his game. Lower down the school his hunger to win the ball meant that he often got drawn out of position where now he reads the game and makes a much more calculated decision about when to attack the ball and when to hold position. Caolán also takes a lot more responsibility for starting off the play and regularly drops off to offer for his team mates to help them keep the ball and play a better quality brand of football.

Dexter is another player who has made so much progress on the football pitch and had probably his best match for the school yet – easily enough to earn him man of the match. Dexter tucked in superbly when the boys went 3 at the back and covered really well for his team mates. On one occasion a fellow defender got drawn out to a ball and caught out of position which Dexter realised and reacted to with great haste making a goal saving tackle. Not only has Dexter's defensive ability improved but he also has great composure in possession and made a number of excellent passes during this match.

SK's second goal came after a hattrick of set pieces delivered by Kai West. The first two were excellent deliveries in their own right but just really well defended by the same Sidcot defender. Between the second and third deliveries Louis Stratton got together with Caolán and Kai and concocted a plan! Louis took the defender to the front post while Kai gave his delivery a little more loft which allowed Caolán to exert his aerial dominance on the edge of the six yard box. Caolán powered the ball home and celebrated with just as much vigour – a great piece of tactical play from Louis Stratton executed perfectly in tandem with two of his team mates.

Nobody can take any credit at all for any part of the third goal except for Matty Crutchley. The words 'solo run' don't even do this piece of play justice as Matty single-handedly went through what seemed like almost the entire Sidcot team. If you go on to YouTube you can watch videos of the late great George Best beating player after player before finishing with devastating accuracy and Matty's goal was the schoolboy equivalent! He beat at least 5 players, maybe 6, before drilling the ball low right into the bottom corner.

At half time the boys had a three goal lead but I could not have cared less about the score line. There was so much positivity out on the pitch as each and every player was making a concerted effort to compensate for a day earlier. The atmosphere was such that every player wanted the ball and was happy to have it anywhere. When mistakes came which they did, the positivity only increased and the boys jumped on the slightest action of their team mates in order to boost their confidence. Not one player uttered a negative word to opposition players or the referee and they just set about concentrating on and enjoying playing football!



The second half bought about much of the same – the only major difference being that boys lost a bit of shape as they went in search of the ball because they were enjoying playing so much! Despite creating a lot more chances the boys could only manufacture 1 second half goal which came thanks to Shaigh Gaynor. Bailee Harrison hit a well weighted diagonal pass over the Sidcot defense to Gaynor who looked as though he could have been offside however the flag



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stayed down and his goal counted. The boys maintained the 4 goal lead for the remainder of the game and you could just sense the change in them at the full time whistle!

Man of the match was Dexter Mott. Special thanks to Jacob Lebo and Kai West who stepped in at short notice and both had excellent games – the trademark of great team players.

Sometimes you have to have difficult conversations when you think boys who normally set the perfect example have fallen short of their own standards. I'm really pleased that this group were challenged to be better because they stepped up to the mark brilliantly.

For me these two days encapsulate everything that is great about PE and school sport and I hope that this lot are as proud of their response as I am!

Well done gentlemen.

Mr Cook

## YOUNG LEADERS

### Special group of leaders put on inclusion festival for primary students

On Friday 9 February while the vast majority of St Katherine's students were enjoying their INSET day, a special group of young leaders volunteered to come in on their day off to help run a New Age Kurling Festival for primary school students. It takes a special person to volunteer on their day off and this group of leaders are certainly special. Unsurprisingly they led superbly and put on a fantastic morning of inclusion sport for our visiting students.



*Leesha COLEMAN, Danny CONWAY, Matthew CRUTCHLEY, Lauren DUN, George HAYWARD, Bo MARSHALL, Dexter MOTT, Caolán PEARCE, Jazzy PITHER, Lucie ROBERTSHAW, Niamh SCANLAN, Eili SMITH, Louis STRATTON, Nabil WARSAME, Elise WEAR, Ruby WEBBER*

It was fitting that on the eve of the opening ceremony for the Winter Olympics that the students would be putting on a New Age Kurling Festival which is the indoor equivalent of the Winter Olympic sport played on ice. Before the primary students arrived in the morning, our leaders had the opportunity to learn the rules and practice playing the game.

On arrival our visitors were split into small teams of 2 and organised into 2 pools of 6 teams where each team would play



Louis giving some advice on the next stone



Ruby giving a lesson in measuring



Lucie levelling with her team

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the others. After all of the pool games had been played, each team would contest a final against the team that finished in the same position as them in the other pool. Our leaders took on two jobs; they were either a rink official or a team leader. Rink officials were responsible for judging stones, measuring final resting positions and scoring the matches which consisted of 4 ends. Team coaches worked with their pairs of players and coached them through the competition giving them advice and instruction throughout the morning.

It was lovely to see our leaders going above and beyond what was expected of them on the morning and it really made for a fantastic competition. Rink officials were encouraging competitors to come up to get involved in measuring and scoring after each end and team coaches were quizzing their players on what they were trying to do with each stone. The quality of their leadership was so high that there was no need for any adults in the room at all!



Special mention to Nabil who threw himself head first into every aspect of the morning; measuring, leading and living every single minute with his winning team – just one example of lots of fantastic students doing fantastic work!

For many of the visiting students, participating in sporting competitions is not something they do a huge amount of and schools were encouraged to view the festival from an inclusion perspective. Our leaders came across a whole range of students on the morning; some of whom were really reluctant to participate initially and others who had to overcome other challenges during the course of the competition. The leaders really got to know the competitors and by the end of the morning all of them were fully engaged and had taken part in an excellent festival.

It was an absolute privilege to be in the same room as so many great leaders doing so much great work – I am really proud to call this special group of leaders St Katherine's students!

Thank you all.

Mr Cook

## SK SPORTING STUDENTS

We are really proud of all of the sporting achievements of the individual students in our school. Below are some updates on some of our sporting students.

### **Ruby Walsh (Gymnastics)**

Ruby places 22nd at first ever English Championships!



Ruby started St Katherine's in September this year and what lots of students might not know about her is that she is a phenomenally talented gymnast. Talent like Ruby's doesn't just happen without hard work - Ruby trains incredibly hard in her sport and puts in lots of hours at her gym.

Ruby recently competed for the first time at the English Championships and placed all around in 22nd position - an unbelievable achievement for her first time! Ruby competed in the Women's Artistic Gymnastics Espoir competition and had to perform on vault, bars, beam and floor with her best scoring coming on beam where she finished in 18th position.

Congratulations Ruby - a huge achievement among such a high standard of competition! We will certainly be watching this space!



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## Kieran Phillips (Football)

Kieran earns 2 year scholarship with Bristol Rovers



Students and staff in school who know Kieran will know that the last 8 months have been difficult for him as he has been side-lined with injury.

We are delighted to say that Kieran recently made a full return to competitive football. In typical style, Kieran didn't just make it through his first game back he also made it a goal scoring return!

Kieran has worked tremendously hard over the years at Bristol Rovers and has continued to do so during his rehabilitation. He thoroughly deserves the scholarship that the club offered him just before Christmas and we are convinced this is the next step towards a very bright future!

We wish Kieran lots of success and good health in 2018 and beyond!

## Charlie Rice (Rugby)

Charlie selected for Somerset County in games against Dorset & Wilts and Bristol Academy



Fully fit and firing on all cylinders, Charlie Rice continues to go from strength to strength on the rugby pitch and was recently rewarded for his endeavour with selection for the Somerset County Squad.

Charlie has played in matches against Bristol Academy Players as well as a game against Dorset and Wilts and although the weather made it difficult for a lot of players to impress, Charlie stood out for a number of reasons. His work ethic and effort are second to none and he never lets a rugby game pass him by without throwing himself head first into the thick of the action.

We also wish Charlie lots of success and good health in 2018 and beyond!

## Josh Moore (Cross Country)

Josh represents North Somerset at Avon Schools Cross Country



Josh's impressive run and 8th place finish at the North Somerset Cross Country Championships back in November earned him a place in the NS team to compete at Avon Schools. On Saturday 20 January Josh lined up against the best 40 runners from North Somerset, South Gloucestershire, BANES and Bristol looking to test his mettle in a stronger field.

Josh ran the gruelling 2.9k course in miserable weather conditions and really gave it his all to finish in a superb 23rd position against some excellent runners. This was a brilliant opportunity for Josh to find out a bit more about cross country running and we are really proud of the way he represented St Katherine's!

Great work from a young athlete with a lot of talent! Well done Josh!

## The PE Faculty

Does your son / daughter deserve to be recognised for their sporting achievements?

If so we want to know about it! Email [cookd@skdrive.org](mailto:cookd@skdrive.org) to tell us more!

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## CLUBS AND CAPS TERM 3

### A look back at student achievements in the third term of the academic year

We are really pleased to be able to share some information about notable student achievements this term. So many of our students give such substantial and sustained contributions to our faculty and they deserve their recognition!

#### Top Clubbers

Congratulations to the top male and female clubbers for each year group below!

Effie Lomax, Poppy Baldwin-Brooks, Daisy Wilkinson	<b>Year 7</b>	Will Stratton
Sophie Weaden	<b>Year 8</b>	Ari Rugman
Amelie Purvis	<b>Year 9</b>	Louie Dun
Izzy Fielden	<b>Year 10</b>	Zak Mohamood
Bo Marshall	<b>Year 11</b>	Caolán Pearce & Louis Stratton
Megan Andrews & Megan Edwards	<b>Year 12 &amp; 13</b>	Danny Conway

#### School Caps

Congratulations to the students below who notched up the most school caps during this term!

Jamie Packham	<b>Year 7</b>	Charley Songer & Will Stratton
Maya Matthews, Isobel Taylor, Chloe Weaden	<b>Year 8</b>	Isaac Adebo, Nana Gyimah-Sarpong, Toby Rice, Ollie Stratton
Freya Barnett, Beth Edwards, Molly Jackson, Leah Milkins, Amelie Purvis	<b>Year 9</b>	Louie Dun & Jazper Peacey
Grace Brown, Stella Crocker, Izzy Fielden, Priscilla Lumoso, Ellie McCarthy, Lucie Robertshaw, Lois Scanlan, Annie Wren Talbot-Ponsonby	<b>Year 10</b>	Ashya Gray, Zak Mohamood, Reece Palmer
Lauren Dun & Elise Wear	<b>Year 11</b>	Dexter Mott & Hao Hao Zhang
-	<b>Year 12 &amp; 13</b>	Danny Conway, Tom Green, Lewis Mason, Lowell Mott, Ben Paines, Mason Smart, Finley Smith, Jay Spicer, Dan Young, Angus Mason, Patrick McGovern, Kieron Parkhouse, Dan Parslow, Robbie Warden

Congratulations to the students below who are currently the highest cap earners in the school!

Ruby Webber	89	<b>Most Capped Students</b>	Danny Conway	119
Lauren Dun	72		Tom Green	109
Bo Marshall	71		Caolán Pearce	106

Keep working hard - your effort, endeavour, dedication and commitment doesn't go unnoticed!

Thank you all for your contributions.

**The PE Faculty**



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## The PE Faculty

**Mr Cook**

Head of PE

**Miss Ball**

Head of Girls PE

**Mrs Price**

**Mr Thomas**

**Miss Wilsher  
Miss Crack**