

17 November 2020

FOR PARENTS OF CLOSE CONTACTS OF COVID-19 at St Katherine's Year 7

Dear Parent and Carer,

This afternoon we have been informed of a positive confirmed case of COVID-19 within our Year 7 bubble. After a detailed investigation this afternoon and following advice from PHE and the DfE, we have identified that your child has been in close contact with the affected child. **In line with national guidance your child must stay at home and self-isolate until Saturday 28 November.**

If your child is well at the end of the 14 day period of self isolation, they can return to usual activities. Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person
<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

Learning@Home

Importantly your child's education will continue as they self isolate/are Learning@Home. Your child should continue to follow their timetable whilst at home, engaging with their online lessons and resources in google classroom for the duration of the lesson as directed by their teacher. Your child is to attend the whole lesson and complete all tasks set by the teacher.

What to do if your child develops symptoms of COVID 19

Here is an important reminder of the actions all of us need to take should you feel the onset of any symptoms. We must all continue to be vigilant and disciplined. **If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. If your child has any of the above symptoms please ensure you do not send your child to school and arrange a test.**

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. Further information is available at:
<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14 day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you
- cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>. We will keep you updated should we need to provide you with any further information. We are advised that this letter contains all the relevant COVID-19 guidance; if you have any further questions please contact Mr Maw (mawm@skdrive.org.uk).

Thank you for your continued support.

Yours sincerely





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