

COURSE OUTLINE

PHYSICAL EDUCATION - A LEVEL



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A Level PE gives you a chance to study how the body responds to exercise, how you learn new skills, where sport sits in society, how the mind influences performance and how sport has developed. Studying these components will improve your understanding of sporting performance, coaching and sports analysis.

DETAILS ABOUT THE COURSE

Topics covered:

Physiological Factors Affecting Performance
Psychological Factors Affecting Performance
Socio-cultural and Contemporary Issues
Performance within Physical Education

Co-curricular/trips:

We work with our partners to access a range of facilities and placements.

Future prospects:

Higher education, PE teaching, sports development, sports journalism, sports media, sports coaching, performance analysis, strength and conditioning, nutrition, physiotherapy, sports therapy, sports administration, sports engineering, sports science, sports psychology.

You might also take...

Biology, maths, physics, psychology, geography, chemistry.

KEY INFORMATION

Prior attainment:

Five grades at 9-4
Grade 5 in GCSE biology and a Merit in Sport required
Grade 6 in GCSE biology and a Distinction in Sport desirable
Must be participating in regular competitive club level sport outside of school

Assessment:

Year 1

Unit 1: Physiological Factors Affecting Performance - 30%
Unit 2: Psychological Factors Affecting Performance - 20%

Year 2:

Unit 3: Socio-cultural and contemporary issues - 20%
Unit 4: Performance within physical education - 30%
(50% practical / 50% EAPI)