



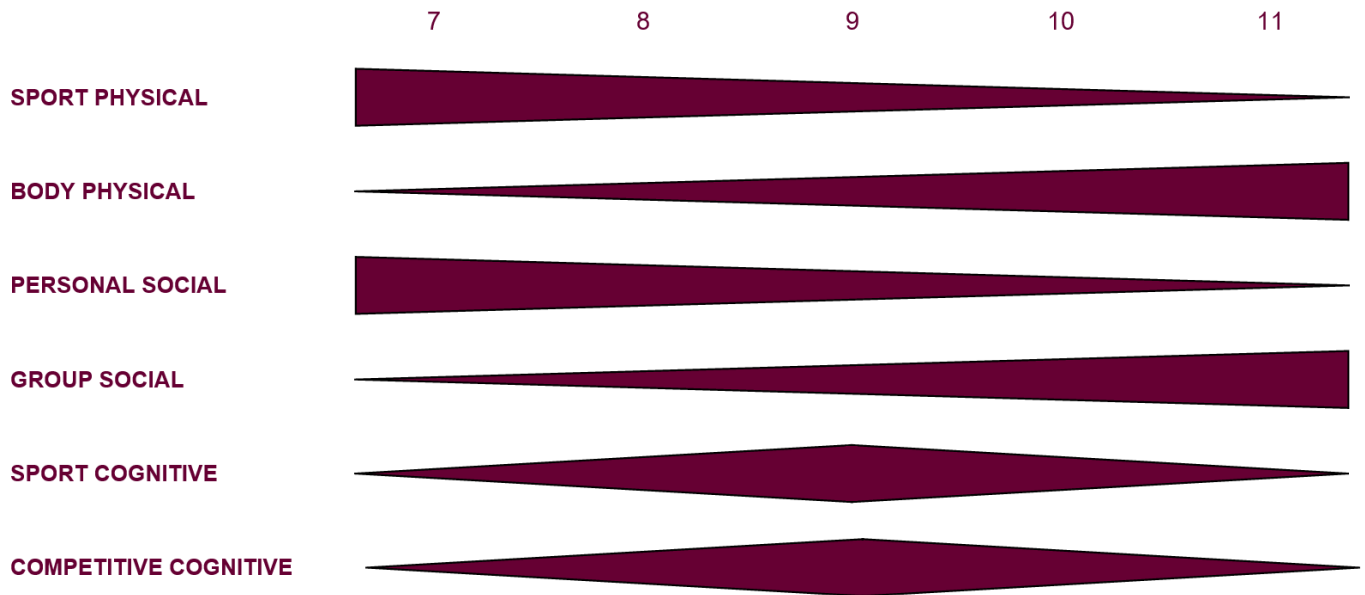
St Katherine's School

Physical education Curriculum Guide

Year 7

What will PE lessons focus on?

We have 6 different focus areas and use these to categorise the work that we do in PE lessons. These focus areas cover three main domains; physical, social and cognitive. You can see from the graphic below how our focus on different areas changes as students move through school.



What activities will be covered?

Activities are always subject to access to facilities, weather and needs of any given teaching group. The information below is an outline of intended activities. Staff may well adapt the content of lessons using their professional judgements. Groups will rotate activities during school terms and will be informed about activity changes by their teachers.

Activities: netball, athletics, dance, hockey, rackets, rugby, gymnastics, striking and fielding, orienteering, football, basketball

What else is on offer?

Physical education lessons are one part of our faculty offer. We have a comprehensive range of extra-curricular activities that focus on recreational physical activity and competitive school sport. We pride ourselves on the fact that there is always something happening in PE and we actively encourage everyone to come along and get involved. Our extra-curricular timetable varies greatly and so more information will be available from PE teachers or form tutors.

Assessment

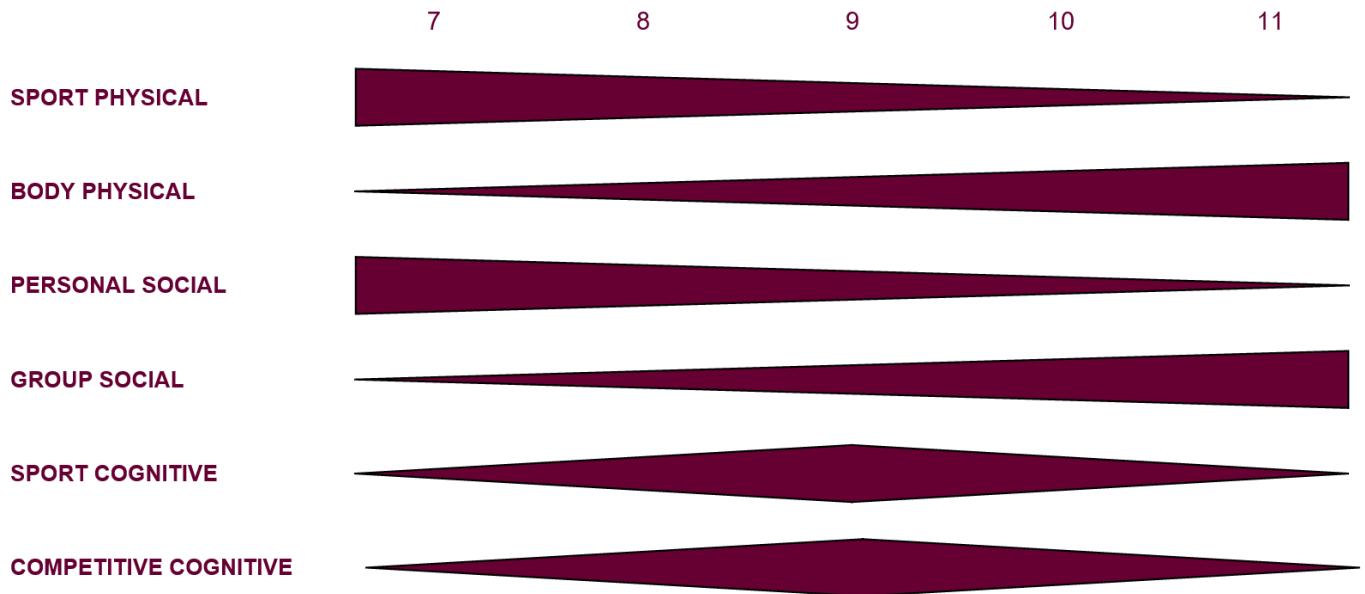
Subject			
Assessment type	Frequency	Control	Weighting

Assessment points for Sport Physical and Personal Social	4 in Year 7	High - in lessons	100%
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Year 8

What will PE lessons focus on?

We have 6 different focus areas and use these to categorise the work that we do in PE lessons. These focus areas cover three main domains; physical, social and cognitive. You can see from the graphic below how our focus on different areas changes as students move through school.



What activities will be covered?

Activities are always subject to access to facilities, weather and needs of any given teaching group. The information below is an outline of intended activities. Staff may well adapt the content of lessons using their professional judgements. Groups will rotate activities during school terms and will be informed about activity changes by their teachers.

Activities: netball, rugby, football, fitness, dance, hockey, rackets, minor games, basketball, striking and fielding, athletics, tennis

What else is on offer?

Physical education lessons are one part of our faculty offer. We have a comprehensive range of extra-curricular activities that focus on recreational physical activity and competitive school sport. We pride ourselves on the fact that there is always something happening in PE and we actively encourage everyone to come along and get involved. Our extra-curricular timetable varies greatly and so more information will be available from PE teachers or form tutors.

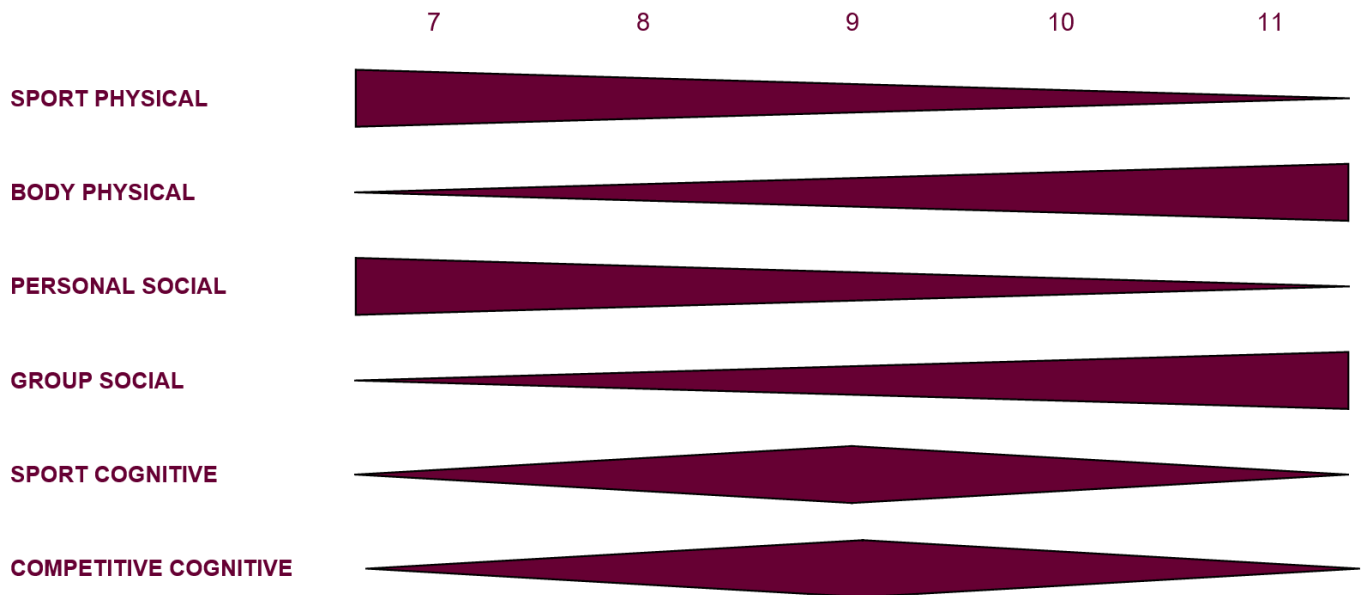
Assessment

Subject		PE	
Assessment type	Frequency	Control	Weighting
Assessment points for Sport Physical and Sport Cognitive	6	High - in lessons	100%

Year 9

What will PE lessons focus on?

We have 6 different focus areas and use these to categorise the work that we do in PE lessons. These focus areas cover three main domains; physical, social and cognitive. You can see from the graphic below how our focus on different areas changes as students move through school.



What activities will be covered?

Activities are always subject to access to facilities, weather and needs of any given teaching group. The information below is an outline of intended activities. Staff may well adapt the content of lessons using their professional judgements. Groups will rotate activities during school terms and will be informed about activity changes by their teachers.

Activities: netball, rugby, fitness, football, dance, minor games, basketball, hockey, athletics, striking and fielding, tennis

What else is on offer?

Physical education lessons are one part of our faculty offer. We have a comprehensive range of extra-curricular activities that focus on recreational physical activity and competitive school sport. We pride ourselves on the fact that there is always something happening in PE and we actively encourage everyone to come along and get involved. Our extra-curricular timetable varies greatly and so more information will be available from PE teachers or form tutors.

Assessment

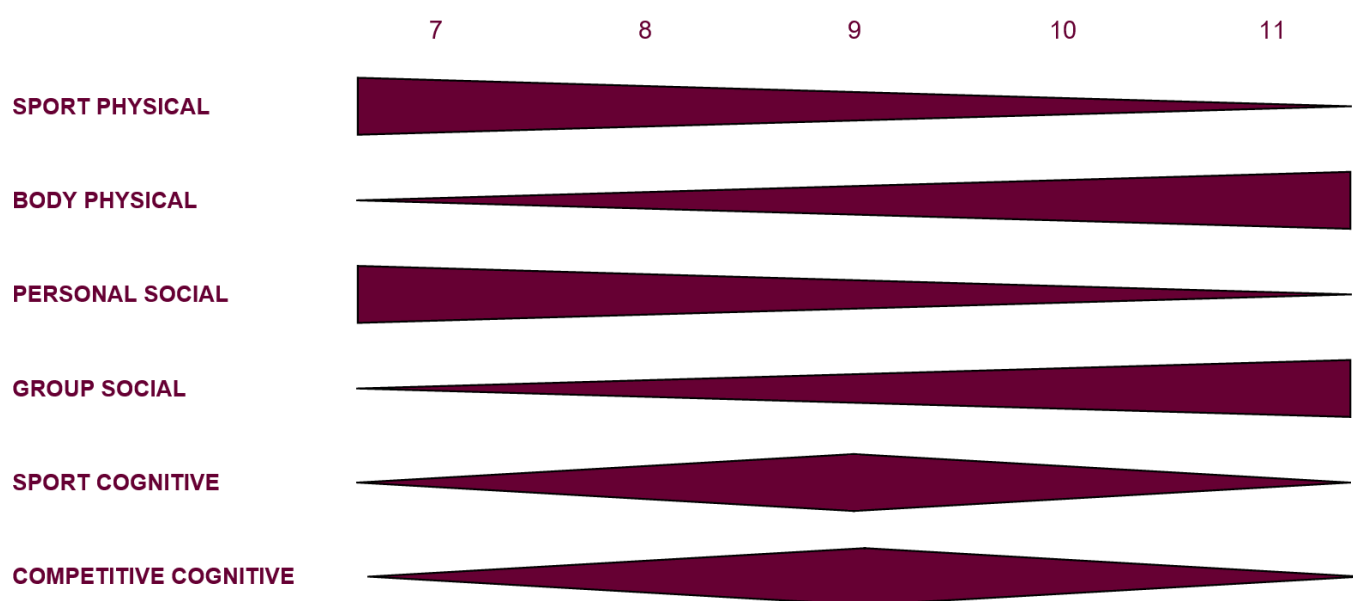
Subject		PE	
Assessment type	Frequency	Control	Weighting
Assessment points for Sport Cognitive, Competitive Cognitive, Body Physical and Group Social	6	High - in class	100%

Year 10

All Year 10 students will follow a core PE curriculum. Some Year 10 students may also opt for examination PE which will occur in addition to their core PE lessons.

What will PE lessons focus on?

We have 6 different focus areas and use these to categorise the work that we do in PE lessons. These focus areas cover three main domains; physical, social and cognitive. You can see from the graphic below how our focus on different areas changes as students move through school.



What activities will be covered?

In Key Stage 4 staff will provide groups with more flexibility about the types of activities that they participate in. Some groups may have the opportunity to opt for blocks of activity while others may experience a variety of activities in lessons. Their activity options will depend on the staffing of their PE group. Staff reserve the right to remove options from groups should their behaviour / cooperation mean that this process is not viable.

Activities are always subject to access to facilities, weather and needs of any given teaching group. Staff may well adapt the content of lessons using their professional judgements. Groups will rotate activities during school terms and will be informed about activity changes by their teachers.

What else is on offer?

Physical education lessons are one part of our faculty offer. We have a comprehensive range of extra-curricular activities that focus on recreational physical activity and competitive school sport. We pride ourselves on the fact that there is always something happening in PE and we actively encourage everyone to come along and get involved. Our extra-curricular timetable varies greatly and so more information will be available from PE teachers or form tutors.

Examination Physical Education

All Year 10 students have the option to study examination PE in the form of Sport Studies. Students who opt for this will have an additional 5 hours of examination PE on their timetable.

What will students study in examination PE?

At Key Stage 4 we follow the Cambridge National Sport Studies.

Students will study the following:

Cambridge National Sport Studies
<p>September Y10 - November Y10: R186 Sport and the Media (NEA) The different sources of media that cover sport Positive effects of the media in sport Negative effects of the media in sport</p>
<p>November Y10 - October Y11: Performance and Leadership (NEA) Key components of performance Applying practice methods to support improvement in sport Organising and planning a sports activity session Leading a sports activity session Reviewing your own performance in planning and leading a sports activity session</p>
<p>November Y11 - May Y11: Contemporary Issues in Sport (EXAM) Issues which affect participation in sport The role of sport in promoting values The implications of hosting a major sporting event for a city or country The role National Governing Bodies play in the development of their sport</p>

Assessment

Subject: Physical Education			
Assessment type	Frequency	Control	Weighting
Assessment points for Group Social, Body Physical and Sport Cognitive	4	High - in class	100%

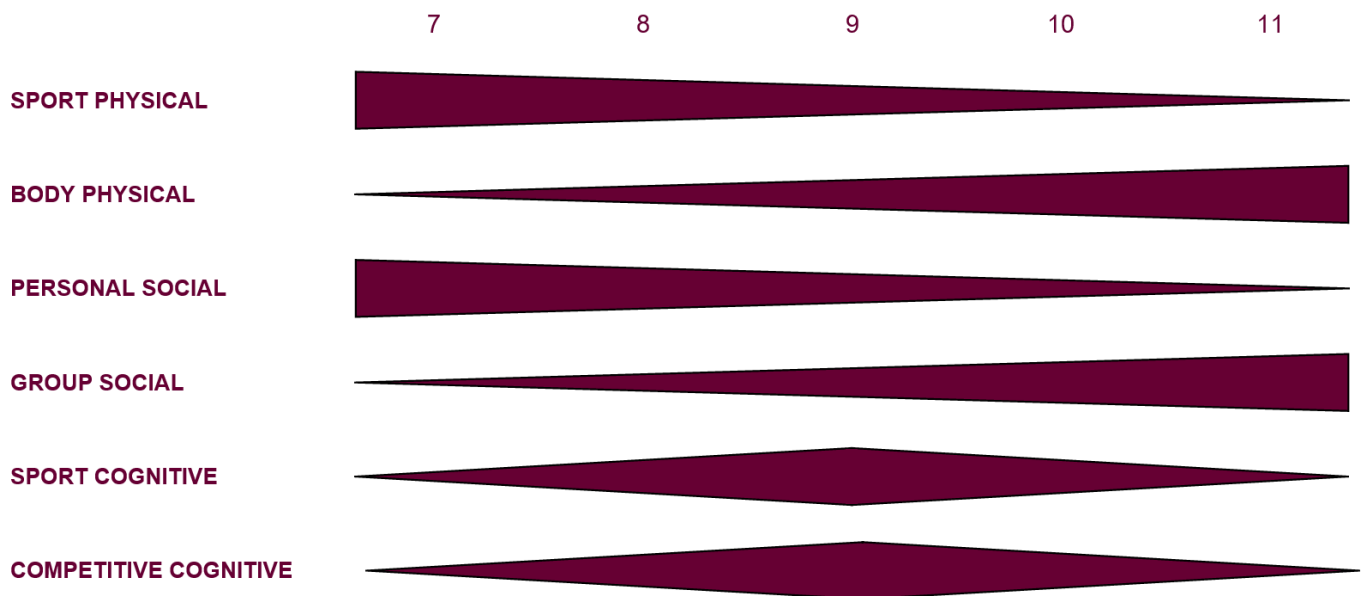
Subject: Examination Physical Education		Cambridge National Sport Studies	
Assessment type	Frequency	Control	Weighting
Exam	1 unit	External exam	40%
NEA	2 units	Internal coursework	60%

Year 11

All Year 11 students will follow a core PE curriculum. Some Year 11 students may also have opted for examination PE which will continue to occur in addition to their core PE lessons.

What will PE lessons focus on?

We have 6 different focus areas and use these to categorise the work that we do in PE lessons. These focus areas cover three main domains; physical, social and cognitive. You can see from the graphic below how our focus on different areas changes as students move through school.



What activities will be covered?

In Key Stage 4 staff will provide groups with more flexibility about the types of activities that they participate in. Some groups may have the opportunity to opt for blocks of activity while others may experience a variety of activities in lessons. Their activity options will depend on the staffing of their PE group. Staff reserve the right to remove options from groups should their behaviour / cooperation mean that this process is not viable.

Activities are always subject to access to facilities, weather and needs of any given teaching group. Staff may well adapt the content of lessons using their professional judgements. Groups will rotate activities during school terms and will be informed about activity changes by their teachers.

What else is on offer?

Physical education lessons are one part of our faculty offer. We have a comprehensive range of extra-curricular activities that focus on recreational physical activity and competitive school sport. We pride

ourselves on the fact that there is always something happening in PE and we actively encourage everyone to come along and get involved. Our extra-curricular timetable varies greatly and so more information will be available from PE teachers or form tutors.

Examination Physical Education

All Year 11 students who opted for examination PE in Year 10 in the form of BTEC Sport or GCSE PE will continue their study in Year 11. Students who opt for this will have an additional 5 hours of examination PE on their timetable.

What will students study in examination PE?

At Key Stage 4 we follow the Cambridge National Sport Studies.

Students will study the following:

Cambridge National Sport Studies
<p>September Y10 - November Y10: R186 Sport and the Media (NEA) The different sources of media that cover sport Positive effects of the media in sport Negative effects of the media in sport</p>
<p>November Y10 - October Y11: Performance and Leadership (NEA) Key components of performance Applying practice methods to support improvement in sport Organising and planning a sports activity session Leading a sports activity session Reviewing your own performance in planning and leading a sports activity session</p>
<p>November Y11 - May Y11: Contemporary Issues in Sport (EXAM) Issues which affect participation in sport The role of sport in promoting values The implications of hosting a major sporting event for a city or country The role National Governing Bodies play in the development of their sport</p>

Assessment

Subject: Physical Education			
Assessment type	Frequency	Control	Weighting
Assessment points for Group Social and Body Physical	2	High - in class	100%

Subject: Examination Physical Education		Cambridge National Sport Studies	
Assessment type	Frequency	Control	Weighting

Exam	1 unit	External exam	40%
NEA	2 units	Internal coursework	60%

Music

Term	Topic
1	Listening: AOS4; Western Classical Tradition 1910 onwards Composing: complete free choice composition, score and programme note : start composition to a brief
2	Listening: AOS4; Western Classical Tradition 1910 onwards Performing: prepare and deliver performances
3	Composing: continue to work on composition to a brief Listening: study pieces; Paul Simon Graceland
4	Composing: complete composition to a brief, score and programme note Listening: revision of study pieces; 1) Mozart Clarinet Concerto in A, 3rd movt. 2) Paul Simon; Graceland
5	Listening: further revision of study pieces and 4 areas of study (see above)
6	Listening exam

Assessment

Subject		Music	
Assessment type	Frequency	Control	Weighting
Solo performance	Annual	High	15%
Ensemble performance	Annual	High	15%
Free composition	Annual	Medium	15%
Composition to a brief	Annual	Medium	15%
Mock listening exam	Annual	High	40%

